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Hello everybody,

It is a great honour to address you as participants of the L'Etape Czech Republic by Tour de France project. It was not easy to bring the event to the Czech Republic, and above all to organize it in the quality that one of the most famous sports brands in the world requires.

I can already say that I am proud of everyone who participated in the organization. From the colleagues responsible for both routes, communication with the authorities, police or fire brigade, to the sales and marketing team, to the enthusiasts and volunteers who will be on hand in large numbers on race day itself. There will be nearly a thousand of us. Behind every single thing there is a huge amount of work and enthusiasm at the same time, because this race is far from just a work challenge for us. It has become a passion and a daily drive. And I believe that our efforts will transform into an extraordinary experience and a unique sporting memory for each and every one of you.

At this point I would like to thank the leadership of the City of Prague, representatives of the Central Bohemian Region, cooperating municipalities and local governments, the Police of the Czech Republic and last but not least the authorities from the ranks of firefighters and paramedics who have been as accommodating as possible to our requests and needs. Thanks of course go to our business partners, without whose support we would not have been able to think of an event of this scale. But the main thanks go to you, the participants of the race. L'Etape requires skills, courage and a big cycling heart. You have responded brilliantly to the necessary postponement of the opening date and your long-term communication and positive reactions throughout the preparations

convinced us that the event clearly makes sense.

Now, I would like to ask you to enjoy the race to the fullest. The L'Etape Czech Republic by Tour de France project is not just about the results list and the podium. It is above all about the atmosphere, respect and beauty of cycling as such. Please take to heart the challenges and recommendations on how to behave on the track to help yourself and all other sports enthusiasts experience an unforgettable day.

Looking forward to Saturday, looking forward to the race. And most of all, I look forward to seeing you!



Dear sport friends,

On behalf of the City of Prague, I would like to say a few words and welcome you to the L'Etape Czech Republic by Tour de France races.

As a great lover of cycling, I have been a big fan of the Tour de France since I was a child. That's why I'm happy to welcome L'Etape Czech Republic in Prague, which under the banner and standards of the real Tour de France stages, will give the Czech public the opportunity not only to experience the atmosphere of a global phenomenon, but also to become part of one of the most prestigious and largest bike races in the world.

The race comes at a time of the ongoing coronavirus pandemic when we need to focus on our physical and mental fitness a little more than ever before. If together we can get the Czech population moving even more through sport, then our healthcare system will not be in such a difficult position in times of crisis. Sport is one of the best forms of prevention of many health problems, so it is important to keep our bodies fit and think positively. And cycling is a great way to achieve this.

I wish you, dear riders, the best possible sporting performance, much success and a unique sporting atmosphere.

Vít Šimral, Prague City Councillor



PRA HA
PRA GUE
PRA GA
PRA G

Dear cyclists,

I am pleased that you have decided to cycle to the Central Bohemian Region on such a unique occasion as the L'Etape Czech Republic by Tour de France project. Whether you have chosen the shorter or longer route, you can look forward to beautiful places and views of the countryside.

Cycling is experiencing a huge development. It brings families and generations together, providing a theme to share experiences and memories. It is a lifestyle that strengthens the psyche as well as the physique. Honestly – who among us has never wanted to throw a bike into a ditch halfway up a long hill? But then we "clench", keep pedalling, and in the end, we are warmed by the great feeling of having outdone ourselves. Oh, and well, even that beer somewhere in a garden or after the race tastes divine.

Thanks to the organizers for taking the participants to beautiful places in the Central Bohemian Region that never get old. I believe that the Central Bohemians will come to cheer, and above all I wish everyone to enjoy the new festival of cycling with French charm in good health.

Petra Pecková, Governor of the Central Bohemian Region



Středočeský kraj

**JEZDCI** 



from 23 teams with 8 riders





COURSE 2021









**5. stage:** Changé > Laval Espace Mayenne (27.2km)

20. stage Libourne > Saint-Émilion

(30.8km)

**29,000** policemen, gendarmes and firefighters securing the route





249.1<sub>km</sub>

lenght of stage no. 7 (Vierzon > Le Creusot) longest stage

lenght of stage no. 21 (Chatou > Paris Champs-Élysées), shortest stage

**2,408**<sub>m</sub>

Altitude of Port d'Envalira (Souvenir Henri Desgrange), Highest point of 2021 Tour de France



broadcasted in countries



0-12 million of spectators

along the route

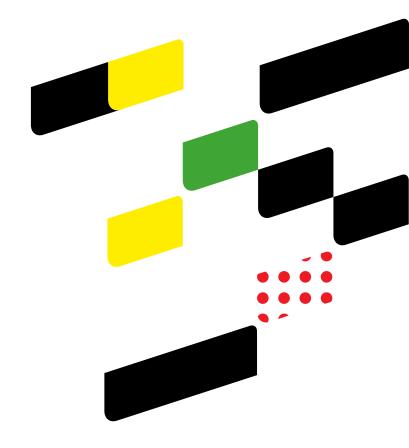
# **HOW IT STARTED?**

L'Etape du Tour de France is an amateur race for all fans and amateur performance riders who long for experiencing the atmosphere of Tour de France. It takes place every year exclusively in France and the racers get the opportunity to ride through one of the Alpine stages of the real Tour de France. Start from the same town, same route, same famed climbs, and all that under the same conditions as in the real Tour de France.

L'Etape du Tour de France was first held in the year 1993 and during the following 28 years it has checked many cyclists even on such legendary peaks as Mont Ventoux, Alpe D'Huez or Col du Tourmalet. With its average of 16 000 participants every year it is the biggest amateur cycling event in the world.



PRESENTED BY ŠKODA



When L'Etape du Tour de France is the original event that takes place only in France, races under the brand of L'Etape by Tour de France allow expansion of the project in other countries around the world with the only difference that the French preposition 'du' replaced English 'by'. Under the title of the most famous cycling race is L'Etape organised e.g. in South and North America, Asia, Australia and Europe (Great Britain, Switzerland, Spain and now even the Czech Republic and other countries). In the series of L'Etape by Tour de France are so all races around the world except for the French one.

The organizing of the Czech race is provided by Petr Čech Sport, a.s. agency and Kolo pro život - organiser of cycling events for the public.

# NOVÁ ŠKODA KODJAG ODRAZ VAŠÍ OSOBNOSTI

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O /skodacr / /skodacz

Kombinovaná spotřeba a emise CO<sub>2</sub> vozu ŠKODA KODIAO: 5,3–8,9 l/100 km, 138,0–203,0 g/km

# **ZDENĚK ŠTYBAR**

Professional road cyclist and cyclocrosser who can boast of several important titles. He is a three-time Elite World Champion and two-time U23 World Champion in cyclo-cross, has scored stage wins in the Tour de France and the Vuelta, and has won several World Tour races.

"The Tour de France is the imaginary top of the cycling world, it's the goal. It's also a tremendous amount of hard work and pain. At the same time, the atmosphere and the energy are incredible. The memories are still vivid, the Tour simply gets under one's skin. L'Etape Czech Republic by Tour de France will be an amazing project for people from the Czech Republic. Whether local cycling fans ride 1,000 or 10,000 kilometres a year and want to experience the atmosphere of the Tour de France, L'Etape is a great opportunity to share it."



# **MARTINA SÁBLÍKOVÁ**



An incredible sportswoman who is Czech number one in speed skating. She's got three Olympic gold medals, many world and European titles and holds two world records. As a complementary sport Martina loves road cycling, in which she has also had a lot of success. She boasts more than 15 medals from the Czech Republic championship and a bronze medal in the time trial at the European U23 Championship.

"When I was approached to join this project, I didn't hesitate for a second. I love cycling. It is not only my complementary sport, but also my lifelong passion. I follow the Tour de France regularly and all the riders in the peloton have my absolute admiration. I know all too well how painful this sport can be. I've already tried the perfectly organized Kolo pro život series, I'm looking forward to a new experience and am happy to be standing at the start. The route will run through beautiful locations, and it's under the Tour de France banner, under which you really don't race every day."

# **CENTRE OF THE RACE**

Centre of the race, or the L'Etape Village, will be located at the Strahov stadium in Vaníčkova street

# **PARKING**

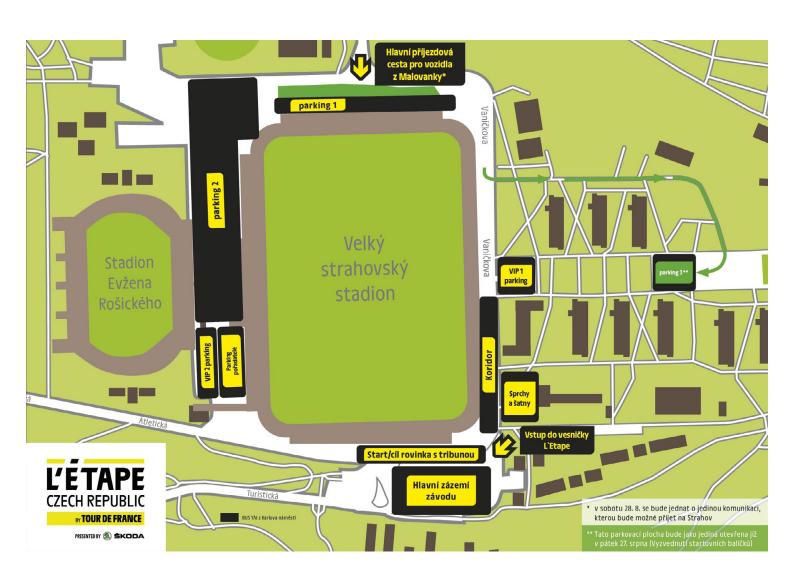
#### **Friday**

When you go to pick up your race pack on Friday, you can park directly in the parking lot at the CVUT campus. Follow the navigation marked P3.

#### Saturday

We have reserved three parking lots for Saturday, located along Zátopkova and Diskařská streets. We'll be filling them in order of numbers 1-3. There's over 1000 parking spots prepared. In the case they'll get filled up, parking attendants will direct you where to park in the vicinity.

ATTENTION: On the day of the race, access by car is possible only from Bělohorská street from Břevnov (Malovanka).



#### **MOTORHOMES AND CARAVANS:**

In case you are interested in coming to the race in a caravan, it's not a problem, but write us an e-mail to info@letapeczech.cz and we will provide you with the necessary information. You can use the reserved parking from Friday to Sunday. The number of spaces is limited. When reserving a space, we follow the first-come, first-served principle.

# **ACCOMMODATION**

There are many places where you can find lodging in Prague. In cooperation with our partners, we offer you the following accommodation options: Hotel Marriott Prague, NH Hotels, Hostel Strahov, Hostel Sinkuleho.

Detailed information including prices, locations and services can be found here:

https://bit.ly/raceaccommodation



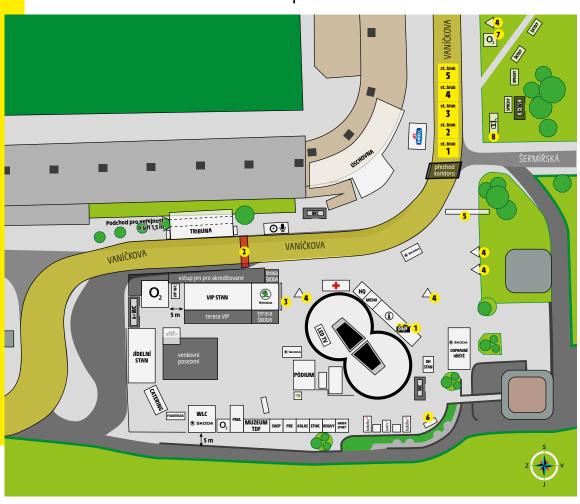
The L'Etape Village is the centre of the whole race. You will find everything you need here: starting number dispensing, bike storage, showers, Kolofix service, health team stall, refreshments - French bakery, pasta party after finishing. There will also be a rich accompanying program: family activities O<sub>2</sub> Tour de Petřín, Tour de France museum and lots of stalls with activities of our partners.

You can carry off the official Tour de France and L'Etape Czech Republic merchandising as a memento of the race. French music by the band Chouette will help to create the atmosphere of sweet France.

#### **BIKE STORAGE**

The storage room will only be open on Saturday. There will be 500 places for road bikes with the possibility of storing smaller backpacks as well. For the case we run out of capacity, we recommend that you store your bikes in your car in the parking lot, which will be patrolled by security. The organizer is not responsible for any valuables stored in the backpacks.

- 1 Starting numbers dispensing
- 2 Start/finish gate
- **3** Signature wall
- 4 Info-stand
- 5 Gate
- **6** Photopoint
- **7** O<sub>2</sub> Tour de Petřín
- 8 Feed zone



# L'ETAPE VILLAGE

#### **Opening hours:**

Friday 10:00-20:00 Saturday 8:00-19:00

#### **Location:**

Praha Strahov - Vaníčkova street



# **FRIDAY 27.8.**

10:00	Opening of the L'Etape Village
10:00 - 20:00	Check-in of the racers - picking up the start pack, Tour de France Museum and Zone of partners
12:00 - 19:00	Riders meeting every hour (route and signposting introduction, signals from the organizers, behaviour on the course)
16:30	Discussion with Ján Svorada followed by his autograph session
18:00	Riders meeting with a professional racer
20:00	Closing of the L'Etape Village

# SATURDAY 28.8.

	<u> </u>
8:00	Opening of the L'Etape Village
8:30 - 18:00	Tour de France Museum
	and Zone of partners,
	Children's traffic playground
	ŠKODA
8:45	Closing of the start numbers
	dispensing Long Route
9:20-9:35	Entrance to the corridors Long Route
9:45	START of the Long Route
10:00 - 16:00	0 <sub>2</sub> Tour de Petřín - tracking game
10:00	Closing of the start number
	dispensing Short Route
10:35 - 10:50	Entrance to the corridors
	Short Route
11:00	START of the Short Route
13:00	Estimated arrival of the
	winner of the Long Route
13:15	Estimated arrival of the
	winner of the Short Route
14:30 - 15:00	Band Chouette performance
15:00 - 15:15	ANNOUNCEMENT of the
	absolute winners of the Long and Short route
15:15 - 15:35	Autograph sessions of the
	winners and well-known
	personalities of the cycling
	world
15:35 - 16:05	Bike O'Clock exhibition
16:05 - 16:35	Band Chouette performance
16:30 - 17:15	<b>ANNOUNCEMENT</b> of category
	winners and special prizes
17:00	Time limit for all competitors to finish
19:00	Closing of the village

# O<sub>2</sub> TOUR DE PETŘÍN

A fun tracking game designed for families with children. The task is to find the stops according to the clues in the special app, where tasks are performed and quiz questions thematically related to the Tour de France are answered.

The game will be prepared in two difficulty levels:

- Parents with children aged 6 10 years (time demands 25 - 45 minutes).
- 2. Parents with children or groups of youngsters aged 11 15 years (time demands 45 minutes to 1 hour).

Participants are expected to move between the stations on bicycles, the route can also be completed on foot, but more time should be set aside for the activity.

After successfully completing the route, a reward from the activity partner  $0_2$  will be waiting at the finish line.

# **SHOWROOM ŠKODA**

In the showroom you can look forward to cars, bikes and other products in the Škoda range. Škoda Auto will also provide a traffic playground for young cyclists who will visit the event with their parents.

# O, GURU

Service and advice on mobile technologies, possibility of borrowing a charged power bank,  $\rm O_2$  TV lounge - try sports channels on  $\rm O_2$  TV Sport.

# **PAUL**

French café and bakery with a tradition since 1889.

# **MUZEUM TOUR DE FRANCE**

Everything you wanted to know about the Tour de France but were afraid to ask. The history of the Tour, the jerseys and trophies handed out, but mainly the original Tour de France winner's trophy from Lasvit and the Director's Škoda Enyaq iV from this year's Tour de France will be on exclusive display.

# **FANSHOP**

Fanshop with original clothing and products from the Tour de France and L'Etape Czech Republic by Tour de France.

# **HARFA SPORT**

Presentation of bikes and sale of sports equipment.

# **PRE**

Presentation of e-bikes.

# **KALAS**

Producer of the original collection of jerseys for L'Etape and also the exclusive maker of the jerseys for the Alpecin-Phoenix stable of which Mathieu Van der Poel is the main star.

# **ETHIC SPORT**

Sports nutrition before, after and during the performance

# **ROUVY**

Cycling platform that features over 2000 routes synchronized with high-quality videos, workouts, competitions or group rides.

# **KOLOFIX**

Top bike service. Get your road special tuned up for the race.

# **BIRELL CHILL OUT ZONE**

Relaxation after the race.

# **FAN PARK L'ETAPE BEROUN**

In Beroun, there will be an accompanying programme for the whole family. The fan park is located on a green area next to a children's traffic playground and Beroun caravan site. The programme starts at 10 a.m. and ends at 3 p.m.

The centre of the whole fan park is the intermediate sprint for the green jersey, which is located on the street Na Hrázi, and measures precisely 300 metres.

Children can compete in various cycling skills, make a commemorative pin badge, or have something painted on their face. To entertain all generations, there will be a stand with bike curiosities - fun bicycles for everyone to try.

At about 11 a.m., there will be a freestyle performance BikeO'Clock - a freestyle bike show of professional riders' duo Damjan Siriški & Ondra Šenk.





#### **CONTENTS OF THE START PACK** HANDED OVER AT THE CHECK-IN

- start number, which is in the possession of the organizer until the end of the race
- stylish cycling socks L'Etape Czech Republic by Tour de France from the Kalas Sportswear partner
- string bag with gifts from the partners
- Birell glass
- espresso voucher at Café Reserva
- frame sticker with the track profile
- sticker with a chip under the saddle

#### REWARDS AFTER YOU FINISH THE RACE

- unique participants medal
- pasta party (meal voucher as a part of the start pack)

#### SYSTEM OF DISPENSING THE START PACKS

we strongly recommend picking up your start pack during Friday, August 27 (10 a.m. to 8 p.m.). If you don't make it before the start on Saturday, it means you're not going. The first 500 checked-in will receive an original L'Etape Czech Republic bidon or a French travel book as a gift.

When checking in, just report your bib number which you will receive in your e-mail no later than on Thursday, August 26., or you can find it on the competitor's card that you download in your phone after filling in the Check-in form.

if you want another person to pick up your start pack for some reason, you must authorize him/her to do so with a simple power of attorney, and provide with a COVID certificate in your name according to the rules described in the following paragraph. Both documents need to be physically printed out for the record keeping purposes.

#### COVID PROTOCOL

During the check-in, each participant must present one of the following certificates:

- A maximum of 180 days since contracting the covid-19 disease
- Completed full vaccination, i.e. at least two weeks after the last dose
- Negative PCR test done no sooner than on Saturday 21. 8. 2021 in a certified laboratory
- Negative antigen test done no sooner than on Wednesday 25. 8. 2021 in a certified laboratory

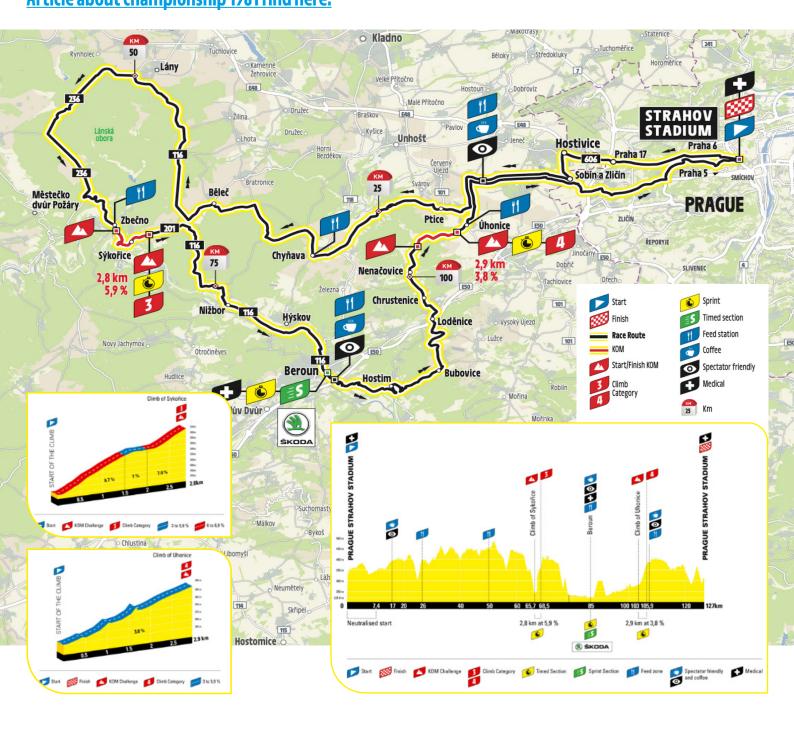
After proving this, you will be given a start pack and a wristband that entitles you to participate in the race.

In case you don't have any of the certificates above, you can get an antigen test done directly at the L'Etape Village.

# **LONG ROUTE**

The main race route with a length of 129.6 km and an elevation gain of 1600 m. The start and finish of the route are placed in Vaníčkova street next to Strahov stadium. Facilities for competitors and spectators will be located in the area around ventilation shafts of the Strahov tunnel. We chose this location not only for its easy accessibility, parking and nice views, but above all for its cycling history. **Article about championship 1981 find here.** 

Length of the route: 129,6 km
Elevation gain: 1 600+ m
Number of climbing challenges: 2
Number of sprint challenges: 1
Feed zones: every 20 to 30 km
Start: 09:45 a.m.

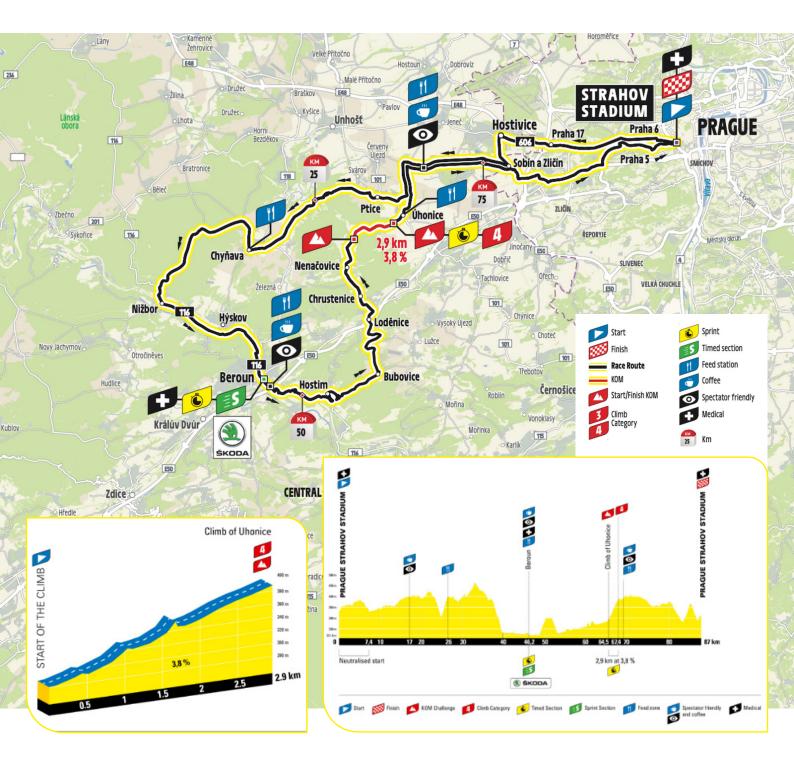


# **SHORT ROUTE**

The Short Route will save you some miles, but it certainly won't be for free. It's 90.6 kilometres long with an elevation gain of 1,000 metres. The start and finish are again located at the Strahov tunnel.

Length of the route: 90,6 km Elevation gain: 1000+ m Number of climbing challenges: 1 Number of sprint challenges: 1 Feed zones: every 20 to 30 km

Start: 11:00 a.m.



Mileage	Section	Description & recommendation	Important points and possible dangers
km 0,0 - 7,9	Neutral zone	The first 7.9 km are non-racing. The start at Strahov is purely ceremonial. Up to the border of Prague we will ride at a constant speed in a compact group, which is a great opportunity to get your legs moving, get in sync with the pack and mentally prepare for the sharp start. In this section it is forbidden to improve your position in the peloton by risky overtaking or dangerous riding on the pavement. At 7.9 km, the sharp start will be launched.  Recommendation: Don't dash anywhere, the route is long. You won't win the race here, but on the contrary you can lose it all and even ruin the day for others.	km 0: ceremonial start ! km 2.9: tram rails crossing ! km 4.5: tram rails crossing ! km 5.8: descent
km 7,9 - 22,6	Hostivice - Ptice	The perfect part to catch the rhythm and get into the pace. A flat part of the route, with a series of village transits and open roads between fields.	! km 9,0: narrowed roadway – underpass of a train line km 9,8: left turn
		<b>Recommendation:</b> The race has started, now you have a unique chance to improve your position in the pack.	! km 10,0: slowing speed bump
			! km 11,3: slowing speed bump km 11,6: right turn
		KRÍZENÍ TRASY KRÍZELEZNICÍ SE ZELEZNICÍ	! km 14,7: railway crossing out of service km 17,4 - km 19,0: impending crosswind km 19,0: right turn
			, 0
km 22,6 - 24,7	Downhill Podkozí	A forest downhill with a few uncluttered turns, two switchbacks and a worse surface in places. There can be gravel scattered in the corners, and occasionally there are larger rocks that break loose from the slope.	!!! km 22.6 - 24.7 = the whole section: Unclear curves, gravel and stones on the road.
		Recommendation: hurry slowly, put some distance between yourself and the others and gain strength before attacking on the next hill.	km 24.7: Narrow bridge over the Loděnice river at the end of the descent
km 24,7 - 34,0	Podkozí - Chyňava	The climb from the Lodenice river is short, but nutritious. Its parameters are 1.3 km with an average gradient of 6.3 %. After	km 29.6: feed zone
	- Route separation	the ascent, you will have a short straight stretch and a descent to Chyňava, but you won't get much rest there.	km 30.0: right turn km 31.7: left turn
		<b>Recommendation:</b> Be sure to stop at the first feed zone near a supermarket in Chyňava and gain strength for the next kilometres.	! km 34: route separation

Mileage	Section	Description & recommendation	Important points and possible dangers
Long Route only km 34,0 - 49,8	separation - Lány  surface, situated just after a short downhill. You simply don't want to lie down here. The following section is one of the most beautiful on the whole route. The prevailing forest sections alternate with high-grown avenues. The road undulates only slightly and, except for a few short sections, the surface is a total splendour.  Recommendation: Route separation at the beginning of the section, be attentive! It's not windy in the woods, in places the		!!! km 34: dangerous right curve km 36.1 - 38.7: worse surface ! km 37.9: right curve (gravel on inner edge) km 38.7: left turn km 40.4: left turn
Long Route only km 49,8 - 77,2	Lány - Nižbor	asphalt is really high-quality, so don't be afraid to step on it.  This section will start with a relatively easy descent around Lánská obora. Then it's just up and down. First a nutritious climb around the Lánská obora, then a short, sharp downhill to Zbečno, where there is another feed zone behind a church. We recommend just stuffing your pockets and refilling your bidon. Why? Because of Sýkořičák. The first measured climbing challenge. With its almost 3 km and gradient of 6%, it will test the quality of your preparation.  Then a flat area through the woods for a while where you can catch your breath again. A short fast descent at the end of which there is for change a short but nutritious climb to the beginning of the village of Nižbor. Here the two routes connect again.	! km 50.8: roundabout - turn left in the opposite direction! ! km 62.5: left turn - unclear curve after the descent !!! km 62.5 - 66.0: descent to Zbečno km 66.0: feed zone km 66.3 - 69.2: KOM Sýkořičák km 77.2: route connection
Short Route only km 34,0 - 38,2	Forest junction	A cool stretch through the forest, still on flat ground or slightly downhill. Short descent with a few turns and a connection to the Long Route - adjust your speed.	km 38.2: route connection

Mileage	Section	Description & recommendation	Important points and possible dangers
Long Route km 77,2 - 84,4 Short Route km 38,2 - 45	Nižbor - Beroun	At the beginning of Nižbor, the two routes will connect. It may happen that you'll be stopped by the red flag of the organizing service because of a train passing on the crossing under the hill. The descent itself is very fast with a couple of curves. Drive carefully!  Turn left after the rails.  Then there's a fast and clear section along the Berounka River with a crossing of two disused rails.  The section ends with a sharp right turn onto a bridge.  Recommendation: Ideal terrain for team time trial. There's a lot to be gained, but also to lose. It can be windy in the valley, so it's best to take turns with someo	!!! km 77.2 - 78.1/38.2 - 39.1: dangerous descent  !!! km 78.1/39.1: railway crossing in Nižbor. The train has the right of way. If the warning red lights are flashing, it is forbidden to enter the track under threat of disqualification from the race.  ! km 81.7/42.7: disused railway crossing ! km 84.3/45.3: disused railway crossing !! km 84.4/45.4: right turn onto a bridge
Long Route km 84,4 - 97,4 Short Route km 45,4 - 58,4	Beroun - Bubovice - Špičatý vrch	Beroun - the largest town on the route after Prague and a fan destination connected with a sprint challenge. 300 meters, which will decide the winner of the green jersey from the Tour de France.  A little beyond the finish of the sprint challenge is located the largest feed zone on the race route. The next feed zone is 22 kilometres away, the finish line 41.  After Beroun, the route disconnects from the Berounka river and starts climbing up the hills of the Bohemian Karst again. First a short hill, Lištice, at the top of which take a look to the right at beautiful views, then a descent to Hostim and a hill again.  Boo Boo Boo!  Not that we want to scare you, but Bubovičák, the hill that follows, will test your climbing skills again. Don't give up!  Just be warned that if you see the sign Bubovice, you haven't won yet. Beyond the village it's gonna get a little bit more uphill.  Recommendation: The Lištice hill can be drilled pretty quickly. On the descent to Hostim be car  Bubovičák with its length is more challenging, so don't start too fast. It's better to catch the rhythm and go at a machine pace.	km 85.6/46.6 to 85.9/46.9: sprint challenge of the green jersey km 86.2/47.2: feed zone km 86.3/47.3: right turn ! km 90.9/51.9: sharp left turn in descent to Hostim !! km 91.4/52.4: sharp right turn that doesn't allow to see much through. Keep to the right! km 91.8/52.8: beginning of Bubovičák km 92.6/53.6: left turn

Mileage	Section	Description & recommendation	Important points and possible dangers									
<b>Long Route</b> km 97,7 - 108,7	Bubovice - Úhonice	The section starts with a beautiful downhill with a luxurious asphalt and several curves. Under another train crossing lurks, which may stop you. Watch the organizers carefully and stop at the red flag!	!! km 97.7 - 99.3/58.7 - 60.3: descent to Loděnice									
<b>Short Route</b> km 58,7 - <i>6</i> 9,0		In Lodenice, the track goes through a narrow hole under the highway, preceded by a sharp left turn onto a narrower bridge. In this section you need to be maximally cautious.	!!! km 99.3/60.3: railway crossing ! km 99.7: slowing speed bump									
		After passing through Loděnice and Chrustenice another iconic section of the route begins - the valley of Kačák. Straight roads lined by long avenues of high-grown trees.	!!! km 100.1/61.1: left turn onto a bridge and a narrow street ! km 101.4/62.4: slowing speed									
		Before you know it, there's another measured climbing challenge - Úhoničák. A hill that may not impress with its parameters (2.9 km, 3.8 %), but it is challenging with its poor quality surface, where it's hard to catch the rhythm. You can only be reassured by the fact that the conditions are the same for everyone.	bump km 105.5/66.5 to 108.3/69.3: measured climbing challenge Úhoničák									
		<b>Recommendation:</b> Tough times coming. Concerning the profile, it's the most difficult section of the route. Don't rash too much, replenish energy and refill water and supplies at the last feed zone	km 108.7/69.7: feed zone									
<b>Long Route</b> km 108,7 - 122,0	Úhonice - Zličín	Provided there's no crosswind, this is the time to have a little rest and recover your strengths before the Grande Finale. You've already ridden through most of this section, just in the opposite direction.	! km 111.6/72.6: right turn ! km 114.2/75.2: railway crossing out of service									
<b>Short Route</b> km 69,7 - 83,0											The whole section is slightly downhill, and the wind may blow in your back, which could help any refugees who will have a hard time coming together.	km 117.3/78.3: right turn ! km 117.4/78.4: slowing speed bump 2x
		The section ends with a railroad crossing in Prague-Zličín. If the red light is flashing, it means a stop for the racers. So remember that, it's	! km 118.1/79.1: kink to a special- purpose road									
		not worth it being disqualified a few kilometres before the finish.  Recommendation: A possibility to take a short rest before the hard finish.	!! km 119.3/80.3: left turn, only the opposite direction reserved for the race (keep to the left side of the road)									
			! km 119.6 - 120.5/80.6 - 81.5: 4x transverse vehicle crossing controlled by the Police of the Czech Republic and organizing service with competitors' priority. Follow their instructions.									
			! km 120.6/81.6: intersection with an island to be passed on the left side									
			!!! km 121.6/82.6: roundabout !!! km 122.0/83: protected railway crossing									

Mileage	Section	Description & recommendation	Important points and possible dangers
<b>Diouhá trasa</b> km 122,0 - 129,6 <b>Krátká trasa</b> km 83,0 - 90,6	Zličín - Strahov	The Grande Finale. First a swift descent in Plzeňská street, which we'll ride in the opposite direction. Then you turn left and there's a hill along the hospital in Motol. If the race is not already decided, here's definitely a chance to attack the victory. Following a super-fast downhill in Podbělohorská street, uncomfortably diverted left curve, climb in the Pod Stadionem street with the flamme rouge a the finish in Strahov!  Recommendation: Last 7.6 km. If you've saved some strengths, it's time to bring it out. Two descents and two climbs will check how much fuel you've got left in the tank. But you can do it just with the fumes as well.	!km 122.5/83.5: getting to the opposite direction  !! km 122.8/83.8: transverse crossing of tram rails controlled by the Police CR and the Prague Public Transport Company controllers with competitors' priority. Follow their instructions.  !!! km 123.0/84.0: roadway narrowing along a tram stop.  !!! km 123.7/84.7: roadway narrowing along a tram stop  ! km 124.3/85.3: left turn  km 126.1/87.1: right turn  !!! km 126.7/87.7: steep descent
			!! km 127.8/88.8: island in the middle of the road  !!! km 128.2/89.2: sharp diverted left curve  km 128.6/89.6: last kilometre – flame rouge  km 129.6/90.6: finish

# **ITINERARY LONG ROUTE**

km do finish	km from start	place description	lead of the race	broom wagon	average lead speed	average br. wagon speed
129,6	0	START - Vaníčkova street	9:45	10:00		·
128,7	0,9	Atletická> Skokanská	9:47	10:03	20	15
126,7	2,9	Tomanova> Bělohorská	9:53	10:09	20	20
126,3	3,3	Bělohorská/Ankarská (Intersection Vypich)	9:54	10:11	20	15
124,9	4,7	Bělohorská/Karlovarská	9:58	10:15	25	20
123,8	5,8	Karlovarská/Slánská	10:00	10:18	25	20
123,3	6,3	Karlovarská/Drnovská	10:01	10:19	40	25
122,8	6,8	Karlovarská> Na Hůrce	10:02	10:21	40	25
121,7	7,9	SHARP START	10:04	10:23	40	25
119,9	9,7	Hostivice, Čsl. armády> Komenského	10:06	10:29	40	20
118,1	11,5	Sobín, Hostivická> Ke Břvům	10:09	10:34	40	20
116,8	12,8	Břve, Hájecká/terminal	10:11	10:38	40	20
115,8	13,8	Intersection 0056/00513	10:12	10:41	40	20
115,1	14,5	Intersection 0056/00518	10:13	10:43	40	20
114,9	14,7	Railway crossing 0056-2	10:14	10:44	40	20
112,5	17,1	Hájek, Intersection 0056/0066	10:17	10:51	40	20
112,2	17,4	Hájek, turning 0056> 00521	10:18	10:52	40	20
110,6	19,0	Intersection 00521> 00521a	10:20	10:57	40	20
109,8	19,8	Ptice, Intersection K Višňovce> Hlavní	10:21	10:59	43	20
108,7	20,9	Ptice, Intersection Hlavní> K Jezírku	10:23	11:02	40	20
108,1	21,5	Ptice, Intersection K Jezírku> K Průhonu	10:24	11:04	40	20
107	22,6	Intersection 10133> 10134	10:25	11:07	45	20
105	24,6	Dolní Podkozí, bridge over Loděnice river	10:28	11:12	50	25
103,6	26	Podkozí, bus terminal	10:31	11:19	29	12
102,1	27,5	Intersection 10134/10135	10:33	11:24	40	20
100,8	28,8	Underpass 10134/118	10:34	11:27	49	25
99,8	29,8	Chyňava, Intersection Velká Strana/Hýskovská	10:36	11:30	35	18
97,9	31,7	Intersection 20110> 2011	10:38	11:35	50	25
95,6	34	Intersection 2011> 1163 (ROUTE SEPARATION)	10:42	11:41	42	22
93,5	36,1	Intersection 1163> 20110	10:45	11:47	40	20
91,1	38,5	Běleč, Intersection 20110> 201	10:48	11:54	43	21
89,2	40,4	Intersection 201> 116	10:51	11:59	50	25
84,9	44,7	Intersection 116/1162	10:57	12:12	40	20
83,4	46,2	Ploskov, Intersection 116/1161	10:58	12:15	60	30
79,8	49,8	Lány, 116/116H	11:04	12:25	42	21
78,8	50,8	Lány, roundabout 116> 236	11:05	12:28	40	20
71,7	57,9	Intersection 236/2273	11:15	12:47	45	22
67,2	62,4	Písky, Intersection 236> 201	11:21	13:01	40	20
63,5	66,1	Zbečno, Intersection 201/20112	11:26	13:10	50	25
61,6	68	Sýkořice, stop Sýkořice	11:30	13:19	23	12
60,7	68,9	Sýkořice, stop U křížku (FINISH SÝKOŘIČÁK)	11:33	13:24	23	12
58,5	71,1	Intersection 201> 1162a	11:37	13:31	30	18
58,1	71,5	Intersection 1162a> 116	11:38	13:32	45	25
52,5	77,1	Nižbor, Intersection Lánská/Konvalinková (ROUTE CONNECTION)	11:44	13:45	50	25
51,6	78	Nižbor, railway crossing 116-003	11:45	13:47	65	40
48,7	80,9	Hýskov, Intersection Na Břasích/Zábranská	11:49	13:55	45	20
47,9	81,7	Hýskov, municipal authority	11:50	13:58	45	20
47,2	82,4	Hýskov, Intersection Na Krétě/Berounská	11:51	14:00	45	20
45,2	84,4	Beroun, Intersection Lidická/118	11:54	14:06	45	20

km do finish	km from start	place description	lead of the race	broom	average lead speed	average br. wagon
11111511	Start		Tace	wagon	icau specu	speed
45,1	84,5	Beroun, Intersection Lidická> U Přívozu	11:54	14:06	35	5 <b>peeu</b> 18
45	84,6	Beroun, Intersection U Přívozu> Na Hrázi	11:54	14:07	30	18
44,1	85,5	Beroun, Intersection U Přívozu/V Dolině (Start SPRINT)	11:55	14:09	50	22
43,8	85,8	Beroun, Intersection Na Hrázi/Pod Haldou (Finish SPRINT)	11:56	14:10	60	22
43,4	86,2	Beroun, Intersection Václavské náměstí> Zborovské nábřeží	11:56	14:11	40	20
43,2	86,4	Beroun, Intersection Zborovské nábřeží/Svatojánská	11:56	14:12	40	20
43,1	86,5	Beroun, Intersection Hostimská/Dvořákova	11:57	14:12	40	20
42,8	86,8	Beroun, Intersection Hostimská> U Ovčína	11:57	14:13	40	20
42,3	87,3	Beroun, Intersection U Ovčína/Hostimská/Prof. Veselého	11:58	14:14	40	20
38,1	91,5	Hostim centre	12:05	14:27	35	20
37,1	92,5	Intersection 116> 11610	12:07	14:32	25	12
34,2	95,4	Bubovice centre	12:14	14:44	25	15
33,2	96,4	Bubovice Špičatý vrch	12:17	14:47	27	16
30,1	99,5	Loděnice, Karlštějnská> K Nouzovu	12:20	14:57	60	20
29,2	100,4	Loděnice, Pražská> Žižkova	12:21	14:59	35	20
28,4	101,2	Chrustenice, most přes Loděnici	12:23	15:02	35	20
27,3	102,3	Intersection 10129/10131	12:25	15:05	35	18
26,3	103,3	Nenačovice, Intersection 10129/10130	12:26	15:08	40	20
24,3	105,3	Kalousův mlýn, bridge over Loděnice river	12:29	15:14	40	20
24,1	105,5	Chrbiny, Intersection 10129/special-purpose road (START KOM)	12:29	15:15	40	20
21,3	103,3	Úhonice, Intersection Nenačovská/U Kostela (FINISH KOM)	12:35	15:27	29	14
20,9	108,7	Úhonice, Intersection Nenačovská> Kladenská	12:36	15:28	35	20
20,7	108,8	Úhonice, Intersection Kladenská> Jenečská	12:36	15:28	35	20
20,6	100,0	Úhonice, Intersection Jenečská> 00521	12:36	15:29	35	20
19,8	109,8	Intersection 00521/00521a	12:38	15:32	28	18
18,1	111,5	Hájek, Intersection 00521> 0056	12:30	15:37	35	20
18	111,6	Hájek, Intersection 0056/0066	12:41	15:37	35	20
15,4	114,2	Railway crossing 0056-2	12:44	15:44	50	22
15,3	114,3	Intersection 0056/00518	12:44	15:44	50	22
14,5	115,1	Intersection 0056/00513	12:45	15:47	50	22
13,7	115,1	Břve, Hájecká/terminal	12:46	15:49	48	22
12,3	117,3	Sobín, Hostivická> Ke Břvům	12:48	15:53	40	20
11,5	118,1	Sobin/Sobinka	12:50	15:55	42	20
10,3	119,3	Sobínjobnika Sobínská> Na Radosti	12:52	15:59	32	20
8,3	121,3	Zličín, Hrozenkovská> Na Radosti	12:55	16:05	40	20
8,1	121,5	Zličín, roundabout Na Radosti/Do Blatin	12:55	16:06	45	22
7,6	121,5	Zličín, railway crossing	12:56	16:07	55	22
7,0	122,4	Intersection Plzeňská/Slánská	12:56	16:08	55	22
6,8	122,4	Intersection Plzeňská/Makovského	12:56	16:09	55	22
5,3	124,3	Intersection Plzeńska> exit Kukulova	12:58	16:13	55	22
5	124,6	Intersection exit Kukulova> Kukulova	12:59	16:14	25	15
3,9	125,7	Intersection Kukulova/Roentgenova	13:01	16:19	30	15
3,3	126,3	Intersection Kukulova> Podbělohorská	13:02	16:21	28	14
1,8	127,8	Intersection Podbělohorská/Spiritka	13:04	16:25	55	22
1,4	128,2	Intersection Podbělohorská> Pod Stadiony	13:04	16:27	55	22
1,2	128,4	Intersection Pod Stadiony/Libínská	13:05	16:27	30	15
0,5	129,1	Intersection Pod Stadiony/Pod Fialkou	13:06	16:30	35	15
0,3	129,3	Intersection Pod Stadiony/Turistická	13:06	16:31	35	15
	129,6	FINISH - Vaníčkova street	13:07	16:32	35	15
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# **ITINERARY SHORT ROUTE**

km do finish	km from start	place description	lead of the race	broom wagon	average lead speed	average br. wagon speed
90,6	0	START - Vaníčkova street	11:00	11:15		
89,7	0,9	Atletická> Skokanská	11:02	11:18	20	15
87,7	2,9	Tomanova> Bělohorská	11:08	11:24	20	20
87,3	3,3	Bělohorská/Ankarská (Intersection Vypich)	11:09	11:26	20	15
85,9	4,7	Bělohorská/Karlovarská	11:13	11:30	25	20
84,8	5,8	Karlovarská/Slánská	11:15	11:33	25	20
84,3	6,3	Karlovarská/Drnovská	11:16	11:34	40	25
83,8	6,8	Karlovarská> Na Hůrce	11:17	11:36	40	25
82,7	7,9	SHARP START	11:19	11:38	40	25
80,9	9,7	Hostivice, Čsl. armády> Komenského	11:21	11:44	43	20
79,1	11,5	Sobín, Hostivická> Ke Břvům	11:24	11:49	38	20
77,8	12,8	Břve, Hájecká/terminal	11:26	11:53	43	20
76,8	13,8	Intersection 0056/00513	11:27	11:56	40	20
76,1	14,5	Intersection 0056/00518	11:28	11:58	40	20
75,9	14,7	Railway crossing 0056-2	11:29	11:59	40	20
73,5	17,1	Hájek, Intersection 0056/0066	11:32	12:06	40	20
73,2	17,4	Hájek, turning 0056> 00521	11:33	12:07	40	20
71,6	19,0	Intersection 00521> 00521a	11:35	12:12	40	20
70,8	19,8	Ptice, Intersection K Višňovce> Hlavní	11:36	12:14	43	20
69,7	20,9	Ptice, Intersection Hlavní> K Jezírku	11:38	12:17	42	20
69,1	21,5	Ptice, Intersection K Jezírku> K Průhonu	11:38	12:19	48	20
68	22,6	Intersection 10133> 10134	11:40	12:22	50	20
66	24,6	Dolní Podkozí, bridge over Loděnice river	11:42	12:27	60	25
64,6	26	Podkozí, bus terminal	11:45	12:34	29	12
63,1	27,5	Intersection 10134/10135	11:47	12:39	40	20
61,8	28,8	Underpass 10134/118	11:48	12:42	52	25
60,8	29,8	Chyňava, Intersection Velká Strana/Hýskovská	11:50	12:45	35	18
58,9	31,7	Intersection 20110> 2011	11:52	12:50	50	25
56,6	34	Intersection 2011> 1163 (ROUTE SEPARATION)	11:56	12:56	42	22
52,6	38	Nižbor, Intersection Lánská/Konvalinková (ROUTE CONNECTION)	12:00	13:06	52	25
51,6	39	Nižbor, Railway crossing 116-003	12:01	13:07	65	40
48,7	41,9	Hýskov, Intersection Na Břasích/Zábranská	12:05	13:16	45	20
47,9	42,7	Hýskov, municipal authority	12:06	13:18	45	20
47,2	43,4	Hýskov, Intersection Na Krétě/Berounská	12:07	13:20	45	20
45,2	45,4	Beroun, Intersection Lidická/118	12:10	13:26	45	20
45,1	45,5	Beroun, Intersection Lidická> U Přívozu	12:10	13:27	35	18
45	45,6	Beroun, Intersection U Přívozu> Na Hrázi	12:10	13:27	30	18
44,1	46,5	Beroun, Intersection U Přívozu/V Dolině (Start SPRINT)	12:11	13:29	50	22
43,8	46,8	Beroun, Intersection Na Hrázi/Pod Haldou (Finish SPRINT)	12:12	13:30	60	22
43,4	47,2	Beroun, Intersection Václavské náměstí> Zborovské nábřeží	12:12	13:31	40	20
43,2	47,4	Beroun, Intersection Zborovské nábřeží/Svatojánská	12:12	13:32	40	20
43,1	47,5	Beroun, Intersection Hostímská/Dvořákova	12:13	13:32	40	20
42,8	47,8	Beroun, Intersection Hostímská> U Ovčína	12:13	13:33	40	20
42,3	48,3	Beroun, Intersection U Ovčína/Hostimská/Prof. Veselého	12:14	13:35	40	20
38,1	52,5	Hostim centre	12:21	13:47	35	20
37,1	53,5	Intersection 116> 11610	12:23	13:52	25	12
34,2	56,4	Bubovice centre	12:30	14:04	25	15
33,2	57,4	Bubovice Špičatý vrch	12:33	14:08	27	16
30,1	60,5	Loděnice, Karlštějnská> K Nouzovu	12:36	14:17	60	20

# THE RACE ITINERARY SHORT ROUTE

km do finish	km from start	place description	lead of the race	broom wagon	average lead speed	average br. wagon speed
29,2	61,4	Loděnice, Pražská> Žižkova	12:37	14:20	35	20
28,4	62,2	Chrustenice, bridge over Loděnice river	12:39	14:22	35	20
27,3	63,3	Intersection 10129/10131	12:40	14:26	35	18
26,3	64,3	Nenačovice, Intersection 10129/10130	12:42	14:29	40	20
24,3	66,3	Kalousův mlýn, bridge over Loděnice river	12:45	14:35	40	20
24,1	66,5	Chrbiny, Intersection 10129/special-purpose road (START KOM)	12:45	14:35	40	20
21,3	69,3	Úhonice, Intersection Nenačovská/U Kostela (FINISH KOM)	12:51	14:47	29	14
20,9	69,7	Úhonice, Intersection Nenačovská> Kladenská	12:52	14:48	35	20
20,8	69,8	Úhonice, Intersection Kladenská> Jenečská	12:52	14:49	35	20
20,6	70	Úhonice, Intersection Jenečská> 00521	12:52	14:49	35	20
19,8	70,8	Intersection 00521/00521a	12:54	14:52	28	18
18,1	72,5	Hájek, Intersection 00521> 0056	12:57	14:57	35	20
18	72,6	Hájek, Intersection 0056/0066	12:57	14:57	35	20
15,4	75,2	Railway crossing 0056-2	13:00	15:05	50	22
15,3	75,3	Intersection 0056/00518	13:00	15:05	50	22
14,5	76,1	Intersection 0056/00513	13:01	15:07	50	22
13,7	76,9	Břve, Hájecká∕terminal	13:02	15:09	48	22
12,3	78,3	Sobín, Hostivická> Ke Břvům	13:04	15:13	40	20
11,5	79,1	Sobín/Sobínka	13:06	15:16	42	20
10,3	80,3	Sobínská> Na Radosti	13:08	15:19	32	20
8,3	82,3	Zličín, Hrozenkovská> Na Radosti	13:11	15:25	40	20
8,1	82,5	Zličín, roundabout Na Radosti/Do Blatin	13:11	15:26	45	22
7,6	83	Zličín, Railway crossing	13:12	15:27	55	22
7,2	83,4	Intersection Plzeňská/Slánská	13:12	15:28	55	22
6,8	83,8	Intersection Plzeňská/Makovského	13:12	15:29	55	22
5,3	85,3	Intersection Plzeňská> nájezd Kukulova	13:14	15:34	55	22
5	85,6	Intersection nájezd Kukulova> Kukulova	13:15	15:35	25	15
3,9	86,7	Intersection Kukulova/Roentgenova	13:17	15:39	30	15
3,3	87,3	Intersection Kukulova> Podbělohorská	13:18	15:42	28	14
1,8	88,88	Intersection Podbělohorská/Spiritka	13:20	15:46	55	22
1,4	89,2	Intersection Podbělohorská> Pod Stadiony	13:20	15:47	55	22
1,2	89,4	Intersection Pod Stadiony/Libínská	13:21	15:48	30	15
0,5	90,1	Intersection Pod Stadiony/Pod Fialkou	13:22	15:51	35	15
0,3	90,3	Intersection Pod Stadiony/Turistická	13:22	15:51	35	15
0	90,6	FINISH - Vaníčkova street	13:23	15:53	35	15
		TOTAL TIME AND AVERAGE SPEED	2:23:18	4:38:01	37,9	19,5





Na společné cestě s Nadací PPF.



#### RACE AND TRANSPORT ORGANIZATION

L'Etape Czech Republic by Tour de France is divided into two races according to the length of the route. The Long Route is 129.6 km long and the Short Route 90.6 km long.

Start of the Long Route: 9:45 a.m.

Start of the Short Route: 11:00 a.m.

The race is run on regular roads with complete or partial exclusion of traffic on the entire route, assisted by members of the Czech Police, Municipal Police and marked and trained organizers.

The organizers cannot restrict the **Integrated Rescue System vehicles going** to an intervention in any way. Therefore the participants are always obliged to use the right side of the road as a priority or respect the instructions of the security forces and organizers. The participants take part in the race at their own risk.

#### CEREMONIAL START

As in the real Tour de France, the L'Etape will not be raced immediately after passing the starting gate. Both waves will ride the first 7.9 km through the city in a compact formation, assisted by the Czech Police and the organisers. During this initial phase, it is forbidden to actively improve your position in the peloton by risky riding, riding in the opposite direction or on the pavement. The official start will be announced by a flag and siren from the director's introductory car at approx. km 7.9, before Hostivice.

#### RAILWAY CROSSING

There are a total of 4 railway crossings on the route. Except for an unprotected crossing at kilometre 14.7 (or 114.2/75.2), where we have requested a closure for safety reasons, all the other crossings are active as they are protected by traffic lights and barriers. Besides, the crossings in Nižbor and Loděnice are located at the end of a descent. In these marked sections there will be increased activity of the organisers, who will warn (whistling, red flag) about the closure of the crossing well in advance. Respect their instructions and you will avoid immediate disqualification for the race or damage to your health.

#### TRANSVERSE CROSSINGS FOR PASSENGER TRAFFIC

At several points along the route, crossings have been set up to allow public transport providers and local residents in particular to cross the race route. All these locations will be carefully marked and manned by the organizers and in some cases by members of the security forces. Priority will be given to the race participants at these crossings. However, please take extra care and follow the instructions of the organisers.

#### MEDICAL SUPPORT

At the end of each start wave, an ambulance will drive by. There will be additional ambulances on alert at a few selected locations along the route (a total of 7). The medical escort of L'Etape Czech Republic is part of the integrated rescue system. In the event of an accident with injuries, call +420 728 155 155.

#### **ESCORT VEHICLES AND TECHNICAL SUPPORT**

Team support vehicles are prohibited. Only marked vehicles and motorcycles of the organizers, the Police of the Czech Republic, the Prague City Police, the Beroun City Police and vehicles of the partners are allowed in the peloton.

Neutral technical support will be provided by one service motorcycle on each route and stationary Kolofix services at 3 feed zones. A big Kolofix service will be situated in the L'Etape Village.



- 1. Spare tubes and crowbars
- 2. Bicycle pump or bombshell
- 3. Multi wrench
- 4. ID card
- 5. Insurance card
- 6. Refreshments and drinking regime

#### TIME LIMITS AND THE BROOM WAGON

Riding on closed roads is a great experience for the riders, but also a big constraint for the locals. That's why the roads must be opened back to normal traffic at a time that is approved by the authorities. Therefore, we have set TIME LIMITS at several points along the route that the competitor must pass before their expiration. Otherwise, he/she is withdrawn from the race. If this happens, the rider has the option to get on a collecting bus and be taken to the finish. The other option is to hand in the bib number and drive around the race route in normal traffic or make his own way to the finish. In both cases the competitor is classified as DNF. The locations and their time limits are marked in the following chart.

km	Location	- Long	Time limit - Short
		Route	Route
11,5	Sobín	10:40	11:50
29,8	Chyňava	11:30	12:45
66,1	Zbečno	13:10	
86,2/47,2	Beroun	14:11	14:11
95,4/56,4	Bubovice	14:44	14:44
108,7/69,7	Úhonice	15:28	15:28
119,3/80,3	Scania - Chrášťany	15:59	15:59

#### **ROUTE SIGNAGE** AND SIGNALS FROM THE ORGANIZERS

For added safety, the entire race route will be covered with signs and instructions for the racers. We recommend that you always follow all signs, and especially the organizers with flags and whistles, so that they can do their job safely.

Organisers in dangerous sections will be equipped with whistles and three types of flags.



**Green flag** = the race is started/restarted after an interruption



Orange flag = slow down, drive carefully



**Red flag** = stop by the right edge of the road, the race is suspended

See examples of L'Etape Czech Republic signage:











#### **FEED ZONES**

The location of the feed zones can be found on the race map.

Four fully equipped feed zones will be available for participants who complete the Long Route.

Short Route participants will have three fully equipped feed zones.

The feed zones will provide a variety of sweet and salty meals as well as energy products from our nutrition partner Ethic Sport.

Each feed zone will have dozens of filled bidons, and you will also have the opportunity to refill yours from a prepared water or sports drink barrel.

Approximately 200 metres before and after each feed zone there will be a Feed Zone where you can accept refreshments from your accompaniment and also dispose of waste.

#### Littering elsewhere on the route will be penalized by disqualification.

#### PHOTO ZONES

There will be several photographers on the route. Our goal is to take at least one photo of each competitor from the race. You can find your photos after the race at this link: https://bit.ly/photosfromtherace

Markéta Navrátilová, who has been photographing the Tour de France for more than 10 years, will also be on a motorbike in the peloton. Maybe you'll get lucky and she'll take a snap of you too!

#### **TIMEKEEPER**

Each rider will receive one timekeeping chip on his number on the handlebar and one chip on the sticker on the seat tube. Each rider is required to correctly attach both chip numbers to their bike.

The main timekeeper will be located at the start/finish line.

The start time is the same for everyone. No overtaking is allowed in the 0-7.9 km section. Prague will be ridden non-competitively for safety and fluency reasons.

Additional timing stations will be set up along the race route. These points will determine the winner of the sprinter's green jersey challenge and the climbing challenge for the polka dot jersey.

The first climbing challenge will be measured on the Sýkořičák hill on the Long Route.

The sprint challenge will be located in Beroun, street Na Hrázi. The length of the separately measured section is 300 m.

The second climbing challenge will be measured on the hill of Úhoničák, located between Nenačovice and Úhonice. The length of the separately measured section is 2.9 km with an average inclination of 3.8 %.

#### **INTRODUCTION OF COMPETITIONS:**

#### **OVERALL WINNER**

Yellow jersey for the competitor who completes the route in the shortest time. The yellow jersey will be awarded to the first man and the first woman to cross the finish line in Strahov.

#### **BEST CLIMBER**

Polka dot jersey for the best climber of the Short and Long route: the winner is the competitor who completes the climbing challenges in the shortest time. On the Long Route it is the Sýkořičák and Úhoničák hill. On the Short Route Úhoničák only.

#### FASTEST SPRINTER

Green jersey for the best sprinter of the Short and Long route: the winner is the rider who completes the section of the route marked as Sprint challenge in the shortest time.

#### **BEST YOUNG RIDER**

White jersey for the best young rider: the winner is the rider with the shortest overall time who is 25 years old or younger on 31 December 2021.

#### **RACE CATEGORIES**

Category	Age*	Year of birth
JM1/JW1	16 - 17	2004 - 2005
M1 / W1	18 - 34	1987 - 2003
M2 / W2	35 - 39	1982 - 1986
M3 / W3	40 - 44	1977 - 1981
M4 / W4	45 - 49	1972 - 1976
M5 / W5	50 - 54	1967 - 1971
M6/W6	55 - 59	1962 - 1966
M7 / W7	60 - 64	1957 - 1961
M8 / W8	65 - 69	1952 - 1956
M9 / W9	70 plus	1951 and earlier

(\*age of the participant on 31, 12, 2021)

#### **TEAM CLASSIFICATION**

#### A team consists of 5 competitors minimum.

There is no limit to the maximum number of team members.

# Team members cannot compete in the individual competition, only in the team classification.

Team classification has the following categories: Men MT, Women WT, Mix XT.

Team ranking will be determined by the sum of the times of the best 4 team members. For the XT Mixes, there is a requirement that one member of the team whose time counts towards the overall result must be of the opposite sex.



Je to pro nás historický moment! Mathieu Van der Poel se stal první závodníkem, který v našem oblečení vyhrál etapu na nejprestižnějším a nejsledovanějším cyklistickém závodě světa Tour de France.



#### **RESULTS, PRIZES AND AWARDS**

Absolute winners of the Long route (male, female, 3x team) will receive trophies from race partner LASVIT, which also supplies trophies for the Tour de France winners. In addition, the authors of the trophy are the same designers Lars Kemper and Peter Olah, who will also take part in the race. Watch a video about the creation of the L'Etape Czech Republic by Tour de France trophies:

#### https://bit.ly/storyofthetrophy

These trophies will be awarded to the overall winners of the Long Route. For the 2nd and 3rd place we've prepared glass medals.

The overall winners of the Short Route will receive glass trophies and everyone else will receive a glass medal - all places in all categories.

#### **Protests:**

A protest against the result and violation of the rules can only be lodged on the day of the race, no later than half an hour after finishing, with the race director at the timing station in the finishing straight. The condition is to fill in the appropriate form and deposit CZK 500, which will be returned to the protester in the event of a positive outcome. Later claims will not be accepted. In exceptional cases, where a protest could not be lodged in due time for an objective reason, a protest can be filed by an email within 2 working days from the day of the race.

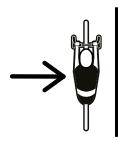
Complaints must be in writing (e-mail to info@letapeczech.cz is sufficient). Only the racer can file the protest. Unjustified complaints will not be considered.

Race results will be available on the website <a href="https://www.letape.cz">www.letape.cz</a> on August 28 from 7 p.m.



#### RACER'S CODE

During the race you are obliged to observe the following rules. Please note that we reserve the right to terminate your participation in the race if you fail to comply with any of the guidelines below or if we see you riding dangerously:



# **KEEP TO THE RIGHT**

Stay in the right traffic lane unless otherwise specified by the course signage or the organiser's instructions.



# **SIGNALIZE**

Respect the principles of riding in a group - signalling, fluency, maximum attention. If you don't have any experience with riding in a pack, don't cram into one and ride at your own pace.

The time limit is very benevolent.

If you see a danger or have to stop for some reason, give a signal to the racers behind you by raising your hand and shouting loudly.



# **FOLLOW THE INSTRUCTIONS**

Always follow the instructions of the organizers and the police officers. The organizers use acoustic (whistle) and visual (flags) signals on the track.



### RIDE RESPONSIBLY

Remember, it's just a race, not a matter of life and death. In any case, don't overestimate your abilities and be aware of the situation around you. Even if you're the best rider, everyone can make a mistake. Think of those who are waiting for you at the finish line and enjoy it!

#### RACER'S CHECKLIST

- Don't forget your bike, helmet and track shoes when packing. Everything else will be available for sale at the L'Etape Village.
- Get yourself an accident insurance which also covers sports in organised activities in advance.
- Pick up your start pack early, ideally on Friday before the race.
- On Saturday, arrive at least 1 hour before the start of your race
- Mechanics will be available at the start point and all feed zones along the route, but we recommend that you make sure your bike is in a great condition before the race.
- Replenish fluids and energy regularly you'll be able to stock up at feed zones, but make sure you have everything you need with you.

Conditions of participation are a properly fixed bicycle helmet and a bike with road handlebars (so-called rams) and a maximum tire width of 35mm. The bike must not contain a time-trial/triathlon bar.

Using headphones is not allowed during the race.

Electric bikes are forbidden in the race.

#### Long route





#### Short route





Disinfection stands will be placed at the entrance to the village.

Rules for the racers are described at page 13.

# Rules for spectators, unregistered visitors and accompaniments:

Fans, spectators and accompanying persons can move freely in the L'Etape Village and the facilities in Beroun. Both zones will be equipped with a number of disinfection stands. At the same time, we ask everyone to keep their distance and wear masks indoors.

Please note that due to the current situation, this information may change before the race. Please keep an eye on current government regulations and the race website.



The general media partner of the race will provide an overview of the current situation in a total of 8 live broadcasts on the ČT SPORT channel.



Scheduled times of the live streaming:

Day	Start	Footage	Název okna	Poznámka k oknu
SO SO	8:40	10min	Cyklistika: L'Etape	1. entry
SO	9:45	10min	Cyklistika: L'Etape	2. entry
SO SO	10:55	10min	Cyklistika: L'Etape	3. entry
SO SO	11:55	5min	Cyklistika: L'Etape	4. entry
SO SO	12:55	10min	Cyklistika: L'Etape	5. entry
SO	14:30	5min	Cyklistika: L'Etape	6. entry
SO SO	15:40	5min	Cyklistika: L'Etape	7. entry
SO	18:50	10min	Cyklistika: L'Etape	8. entry / day summary

You will be able to follow the current events on the social media profiles of the race on <u>Facebook</u> and <u>Instagram</u>.

**IMPORTANT CONTACTS** 

AMBULANCE: +420 728 155 155

RACE INFO LINE: +420 731 907 593

#### **GENERAL PARTNER**



**MAIN PARTNERS** 

























**PARTNERS** 











**OFFICIAL SUPPLIERS** 



















**BANG & OLUFSEN** 



**BOOTCAMP PARTNERS** 











**GENERAL MEDIA PARTNER** 



**iDNES** 



**MAIN MEDIA PARTNERS** 



ORGANIZERS L'ETAPE CZECH REPUBLIC BY TOUR DE FRANCE





**MARKETING PARTNER** 

