

L'ÉTAPE

CZECH REPUBLIC

BY **TOUR DE FRANCE**

PRESENTED BY ŠKODA



2022

RIDERS' GUIDE



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MINISTERSTVA VNITRA ČR

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do **30. září 2022**



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Fandíme českému sportu
ve světě i světovému
sportu v Česku.



Hello everybody,

it is a great honour for me to be able to address you as the participants of the project L'Etape Czech Republic by Tour de France. Before the start of the second edition of the project I am even more pleased to be addressing a much larger starting lineup compared to last year's premiere. The participation of each of you is a great honour, commitment and above all, motivation for all of us. Our goal is to create a sport event that will become a benchmark of quality and experience not only for cycling enthusiasts, but for all athletes, fans and the general public.

We have come a long way since the first edition. It is appropriate to thank to the entire organizing team, who have been working daily since last August on big and small improvements to ensure we provide you with an exceptional experience. I have no doubt that in the difficult current conditions we have managed to push the event in every possible direction.

I would also like to thank the city of Prague, representatives of the Central Bohemian Region, cooperating municipalities and local governments, the Police of the Czech Republic and, of course, the authorities of firefighters and paramedics, without whose support and willingness it would not have been possible to organize such an event. Our thanks also belongs to our business partners, who have literally taken the event as their own and together with us are taking it to the world class level.

Supporting sport is a very challenging issue these days and deserves the utmost respect. L'Etape Czech Republic by Tour de France is not just a one-day event. It is a lifestyle, a creed, a personal philosophy. And it helps to promote enthusiasm for sport not only among the participants, but in their entire community. Every family member cheering at the start, every fan alongside the route, every viewer on

FOREWORD OF THE DIRECTOR

TV screens - I strongly believe that sooner or later, thanks to our project, they will all get on a bike and experience the beauty of cycling with all its benefits.

Most importantly, I must thank to all race participants. Just by signing up you have already shown your will, courage and cycling heart. And I want you, above all, to enjoy the event. Because you competing or standing in the podium is only one part of the whole story. The more important one is the mutual respect and the amazing atmosphere that no other race in the Czech Republic can offer.

Please read the information in this handbook carefully and I look forward to seeing you all on Saturday.

David Trávníček

Head of the organizing agency



PETR ČECH

SPORT

FOREWORD OF THE PRAGUE CITY COUNCILLOR

Dear sports friends,

I am pleased to welcome you to the second edition of the L'Etape Czech Republic by Tour de France.

After the excellent response from last year's race, it was crystal clear that this year's L'Etape would become one of the highlights of the cycling season in the Czech Republic. Compared to 2021, the organisation of the race is no longer bound by anti-epidemic measures and a much larger number of foreign visitors will be able to enjoy the great atmosphere of the Czech edition of L'Etape. Therefore, Czech Republic will once again be able to present itself as a country promised to cycling, not only for the training of top professionals such as Zdeněk Štybar or Honza Hirt, but also for everyone who enjoys cycling as a hobby.

This year's route has been chosen to be enjoyed by both sprinters and mountain bikers, and I believe that everyone will take away from the race mainly beautiful memories and a minimum of injuries.

I wish everyone a great season on the bikes and look forward to seeing you at the start!

Vít Šimral, PhD et PhD

*Member of the Council of the Capital City.
Prague Council for Education, Sports, Science
and Business Support*



FOREWORD OF THE GOVERNOR OF THE CENTRAL BOHEMIA REGION

Dear cyclists,

For the second time, the beautiful landscape of the Central Bohemian Region will become the stage for a cycling festival enriched with French charm. I am pleased that once again the Long Route of the L'Etape Czech Republic by Tour de France project leads from Prague, through Kladno, Rakovník and Beroun. Those of you who have chosen the Short Route will miss the beauty of Rakovník, but will still enjoy a great cycling experience.

Cycling is an increasingly popular sport that, in addition to improving physical fitness, brings families together and connects



generations. It also offers the opportunity to discover the beauty of nature or even sightseeings. Our region is rich in both, which is why we are working hard to offer more and more great ways to enjoy a bike trip. There are over 5,000 kilometres of marked routes and almost 500 kilometres of cycle paths in our region. During this year, we will add another 50 kilometres of cycle paths and invest CZK 20 million. For example, we are currently building a cycle path from Olbramovice to Votice. The first cyclists should ride on it as early as April 2023, using the old railway track. During the summer, the section of the Elbe cycle path between the ČOV and the sugar factory near Mělník on the right bank of the Elbe will be completed. The routes from Odolena Voda to Úžice, from Orlov via Podlesí to Příbram or from Hořovice to Kotopek are also in preparation.

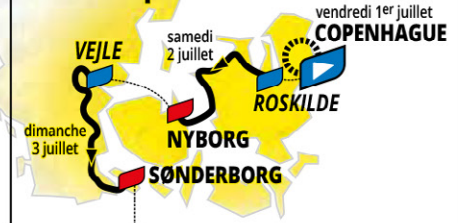
I believe that the improving infrastructure and great events, such as L'Etape, will bring new and new fans to this sport associated with exploring the beauty of the region. I wish all participants to enjoy L'Etape and I hope that we will meet not only on this route but also in other parts of the Central Bohemian Region. On bike of course.

Petra Pecková,
Governor of the Central Bohemian Region

Středočeský kraj

COPENHAGUE DANEMARK

Grand Départ



TRANSFERT lundi 4 juillet

CALAIS **DUNKERQUE**

LILLE

BELGIQUE

BINCHE

ARENBERG
PORTE DU HAINAUT

jeudi 7 juillet

LONGWY

PARIS LA DÉFENSE ARENA

PARIS
Champs-Élysées

dimanche 24 juillet

vendredi 8 juillet

TOMBLAINE

LA SUPER PLANCHE DES BELLES FILLES

DOLE

samedi 9 juillet

SUISSE

LAUSANNE

dimanche 10 juillet

CHÂTEL

AIGLE

mardi 12 juillet

MORZINE

jeudi 14 juillet

MEGÈVE

ALBERTVILLE

mercredi 13 juillet

SAINT-ÉTIENNE

ALPE D'HUEZ

COL DU GRANON

samedi 16 juillet

BOURG D'OISANS

BRIANÇON

LACAPPELLE MARIVAL

RODEZ

CAHORS

RODEZ

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RIDERS



184 riders
from 23 teams with 8 riders

1. - 24. 7. 2022

21
stages

2
rest
days

1
transfer
day



3,328 km
(21 stages)

ROUTE 2022

6



flat
stages

7



hilly
stages

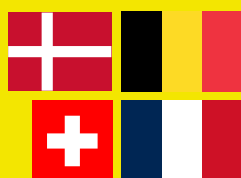
6



mountain
stages

2

individual
time trial
stages



4

countries:

Denmark, Belgium, Switzerland and France,
most visited countries through which
the route has been passing since 2017



220 km

length of stage no. 6
(Binche > Longwy)
longest stage

112 km

length of stage no. 21
(Paris La Défense Arena >
Paris Champs-Élysées),
shortest stage

Will the climbs decide?

After 4 years, the cyclists
will climb the Alpe d'Huez again
- iconic serpentine
to the top of the Alpe d'Huez
- 2 climbs to the Col du Galibier



broadcasted in

190

countries



10-12

million of spectators
along the route



PRIZE MONEY

A total of

2,3

million eur
will be awarded
to the teams and riders,
including
€ 500,000
to the final winner
of the overall individual
classification.



Will Tadej Pogacar win for the third time?

Slovenian cyclist Tadej Pogacar has won Tour de France in 2020 and 2021. the Slovenian will no doubt have all eyes on the July event this year as he bids to make it three yellow jerseys in a row together with another Slovenian Primož Roglič.



20 kilometres

Almost 20 km long section will be
ridden on rough terrain and
cobblestones during the 5th etape.

29,000

policemen, gendarmes
and firefighters securing the route



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VÝŽIVU
PRO SPORTOVCE.

JIŽ 30 LET.

#TANKUJUPENCO

WWW.PENCO.CZ



We believe that positive examples are motivational, and we know that everyone will experience their own story during the race.

They say that whoever makes it to the finish line is the winner. That the order doesn't matter. We think that everyone who has the courage to even start, is already a winner. But each participant's story begins much, much earlier. First the deciding whether to sign up, gathering information, analyzing, convincing yourself. It takes a while to take that first step, which is the most important part. Without it, there would be nothing else.

Only a few L'Etape participants are such that they will not prepare for the race at all. Some are more dedicated, some less. It depends on many circumstances and the opportunities given by work, family and health. But the important thing is that everyone is already training. It's no longer about „going on the bike“, it's „going to train“. Having a goal and a reason. Usually, this is the part that, from an objective point of view, gives a person the most.

And then the Big Day finally comes.

Rider pins a starting number on his handlebars and stands at Strahov on the start of the race. Many participants have already come a long way and the race itself is the climax of their story. And it is to be enjoyed. Some riders will perform as great as they imagined, others will struggle to the finish. Some may not make it at all. That's the way life works. But we can say for sure, that most participants have come a long way, and if they look back, they might even see the whole story.

**The story of their own journey to L'Etape.
Hence #myroadtoletape.**

INSPIRE (YOURSELF) TOO AT



#MYROADTOLETAPE



OUR INFLUENCERS



JIŘÍ

44 let



JIRKA

As part of the refreshment of the cycling season, I have always participated in a few mountain bike races here and abroad. My top ones are the King of Sumava, because I love Sumava, the Trans Brdy, because it's close by and there is a summer and winter version of the race, and last but not least the Austrian Salzka. I've always nervously paced around the road, but I didn't get my first race until a few years ago. I got hooked immediately. It's strange about cycling, different hobbies come and go, only the bike remains and on the other hand my addiction grows. How will this turn out...

PAVEL

I'm a lifelong athlete, I've been involved in all kinds of sports since I was a kid. In the end, ice hockey came out victorious, which I have dedicated myself to and which was paying my bills until I was 33 years old. I always had a bike of some sort, but it wasn't until 2014 participants when I started riding a bit more, only some trips, just getting out into the countryside. A year later, by a coincidence of all kinds, I started riding MTB a bit more and then a friend of mine showed me the magic of road cycling. That was in 2017 and since then I've been riding as much as possible. For me, cycling is freedom, relaxation, meditation, adrenaline, it is a sport that can recharge me physically and mentally for the days ahead, and I hope my health allows me to ride as long as possible.



PAVEL

57 let





LUKÁŠ

I work as a professional firefighter in Kladno, specifically as an air rescuer, between shifts at the fire department I also teach at a high school where I pass on my experience to future firefighters. I have tried dozens of sports since I was a kid, but I have enjoyed mountain biking the most. Around 2012 I rode three thousand kilometers on a bike and did a few hobby races, in 2014 I got on a road bike out of curiosity and it's got out of hand since then. The last three years I've been riding between 15-19k kilometers regularly, sometimes I think enough is enough and I might slow down next year, but then again it gets out of control.

VERONIKA

I am a mum of a one year old girl and have been involved in sports all my life. In my childhood, I did competitive aerobics and in the last years I've been enjoying cycling and running the most. I started cycling more in 2018 when I bought my first mountain bike. I also tried a few amateur MTB races that year and started to enjoy it a lot. At the beginning, cycling for me was very performance oriented. Nowadays, I ride for fun, to keep myself fit and to keep myself from going crazy on maternity leave. L'Etape Czech Republic 2022 will be my first ever road race.





ANDY SCHLECK

Andy Schleck (* June 10, 1985, Luxembourg) is a former Luxembourg road professional cyclist riding since 2011 for the Leopard Trek ProTour team, where he races his brother Fränk Schleck also competes. Andy Schleck specialises in overall placings in big stage races. He has twice finished second overall at the Tour de France and was once credited with winning the 2010 Tour de France after almost two years when the win was taken away from Alberto Contador for doping. He also won the white jersey for the best under-25 rider three times.

Source Wikipedia

MARTINA ŠABLÍKOVÁ

An incredible sportswoman who is Czech number one in speed skating. She's got three Olympic gold medals, many world and European titles and holds two world records. As a complementary sport Martina loves road cycling, in which she has also had a lot of success. She holds more than 15 medals from the Czech Republic championship and a bronze medal in the time trial at the European U23 Championship.

„When I was asked to join this project, I didn't hesitate for a second. I love cycling. It is not only my complementary sport, but also my lifelong passion. I follow the Tour de France regularly and all the riders in the peloton have my absolute admiration. I know very well how painful this sport can be. I've already tried the perfectly organized Kolo pro život series, I'm looking forward to a new experience and I am happy to be standing at the start. The route will run through beautiful locations, and it's under the Tour de France banner, under which you really don't race every day.”





JÁN SVORADA

Ján Svorada (* August 28, 1968, in Trenčín, Czechoslovakia) is a Czechoslovak, Slovak, and Czech cyclist of Slovak origin, three times champion of the Czech Republic in road cycling. Until the end of 1992, he raced for Czechoslovakia, after the dissolution of the federation for Slovakia and from 1996 to the end of his career for the Czech Republic.

He has been racing since he was 12 years old, and at the age of 18, he finished 5th in the Junior World Road Cycling Championships in Casablanca. He graduated from the SOU of Electrical Engineering in Bratislava, in 1987-1990 he was a member of the military sports team Dukla Brno. At the age of 21, he won a major race in the world of amateur cycling Peace Race. From 1991 until the end of 2004 he was a professional cyclist on the same team (it was only renamed and changed its owners), during this period he won a total of 74 victories in the professional peloton and became a renowned and feared spurter. From 2005 he raced for the Czech team eD'system-ZVVZ, in 2005 he won his 75th-anniversary victory, and from 2006 he was a member of the team Grissoft - XCR. He finished his active sports career in 2006.

Source Wikipedia

ZDENĚK ŠTYBAR

Professional road cyclist and cyclocrosser who has won several major titles. He is a three-time Elite World Champion and two-time U23 World Champion in cyclo-cross, has scored stage wins in the Tour de France and the Vuelta, and has won several World Tour races.

„The Tour de France is the imaginary top of the cycling world, it's the dream. It's also a tremendous amount of hard work and pain. At the same time, the atmosphere and the energy are incredible. The memories are still vivid, the Tour simply gets under one's skin. L'Etape Czech Republic by Tour de France will be an amazing project for people from the Czech Republic. Whether local cycling fans ride 1,000 or 10,000 kilometres a year and want to experience the atmosphere of the Tour de France, L'Etape is a great opportunity to share it.”



RACE CENTRE PRAGUE, STRAHOV

RACE CENTRE

The race centre or **L'Étape village** will be located at the Strahov Stadium in Vaníčková Street in Prague and partly also in the Strahov dormitories.

ARRIVAL, PARKING AND CARAVAN VILLAGE

Friday 10. 6.

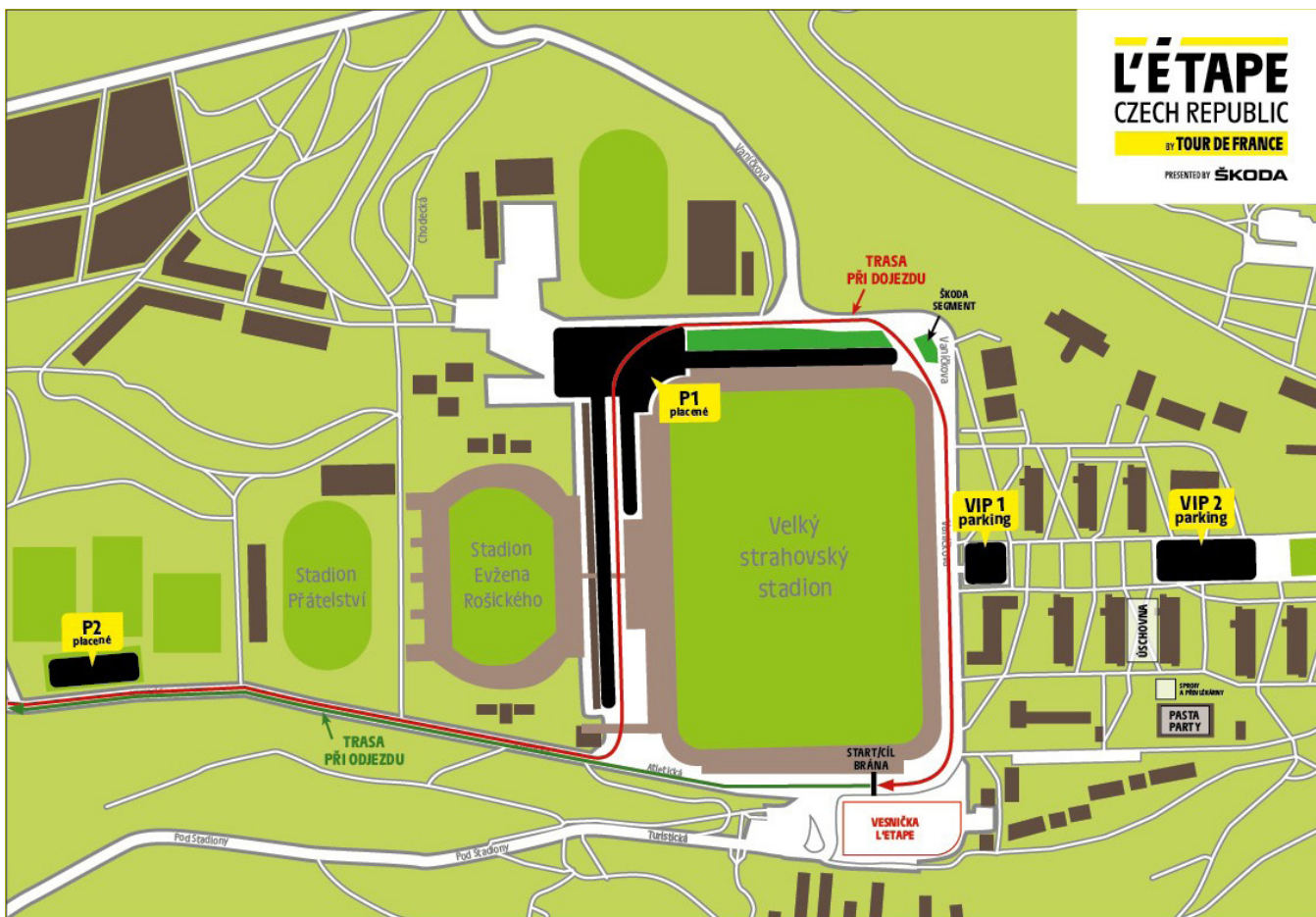
Vaníčková Street will no longer be passable for passenger traffic from 16.00 on Friday. It is recommended to arrive in the direction

of Bělohorská Street from Břevnov (from Malovanka) and park in the car park P1 or elsewhere in the Strahov College halls. **Under any circumstances do not park at the bus-turning point near the village of L'Étape.**

Saturday 11. 6.

Due to the limited capacity of Strahov, we introduced paid parking, which could be purchased during the registration process, check-in or on Friday at the registration desk. The card must be visibly hung on the inside rearview mirror upon arrival.

Parking P1 - this car park is for those who have paid for parking in advance and will have a parking card which they have received together with their start number. Access to this parking lot is recommended from Bělohorské Street in the local part of Malovanka. From Smichov, access will be possible only until 9:30, when Atletická Street is still passable.



Parking P2 - is for those who want to buy a parking space on the day of the event. Access is recommended from Tomanovi Street from Vypich. Between 9:50-10:20 and 11:20-11:50 the access to the parking lot is closed due to start of the race. The capacity of the parking lot is limited and in case it fills up we recommend to park in the streets of Břevnov between Bělohorská and Tomanova streets, where the parking is free on the weekend, and arrive to the race centre by bike.

Caravans and Residential cars - have a designated space within Car Park 1. If you

pay the fee (400 CZK), you can park in the designated area from Friday to Sunday (you will be directed by the organizers). Payment can be made at registration/check-in and, if available, at the information kiosk on Friday.

More information on traffic restrictions at the race venue can be found here.



ATTENTION: On the day of the race, access by car is possible only from Bělohorská street from Břevnov (Malovanka).

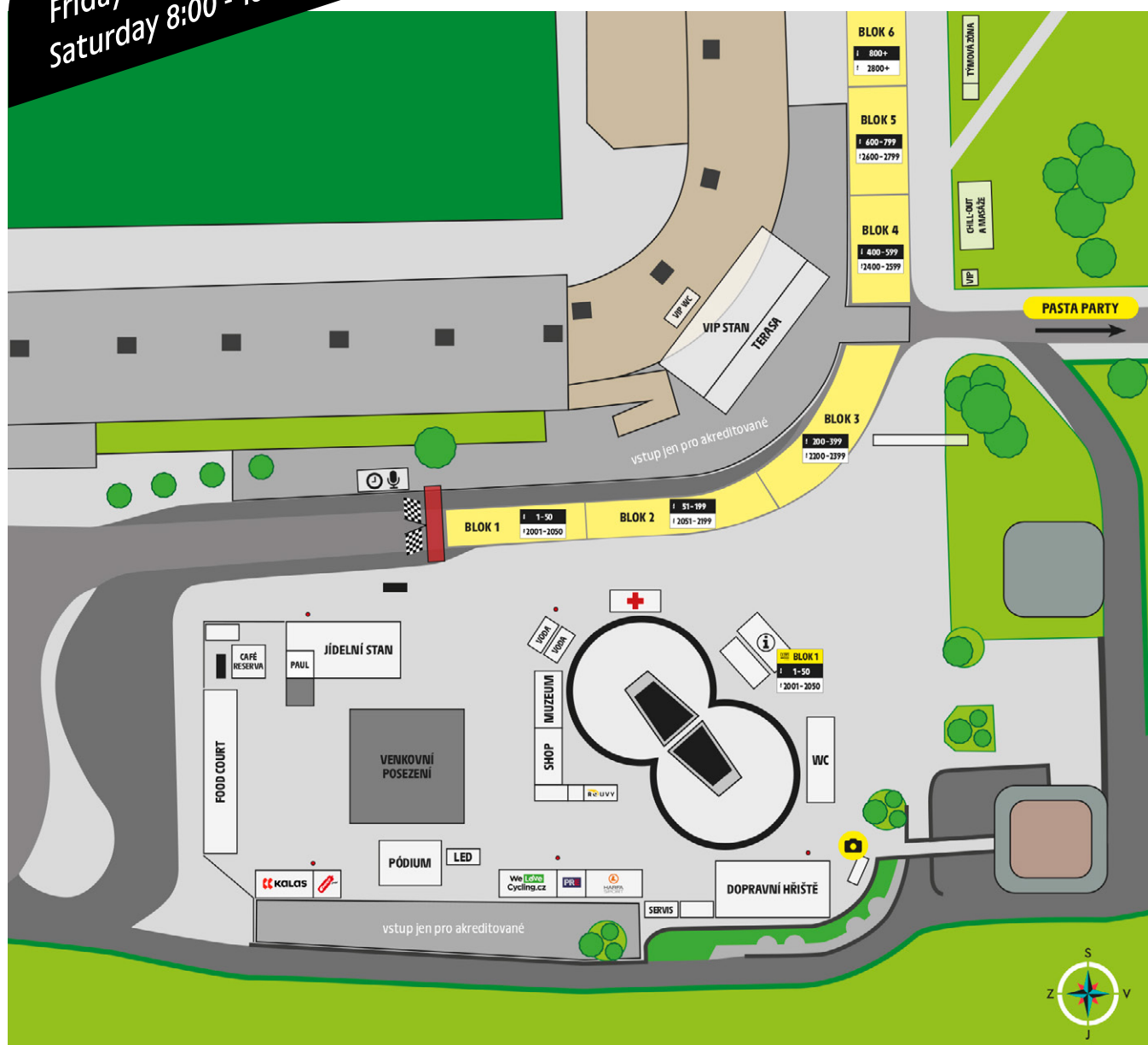


L'ETAPE VILLAGE

Opening hours
Friday 16:00 - 20:00
Saturday 8:00 - 18:00

The village is the centre of the whole race. Here you will find everything you need and some entertainment for you and your friends or family. The rich accompanying programme will be hosted by the voice of the Tour de France of Ceska Televize - Tomáš Jílek - on Friday and Saturday.

Are you considering coming to the village on Friday? We have a tip for you, because on Friday the biggest star of this year's edition Andy Schleck celebrates his birthday and we are preparing a little surprise for him. It can't be done without audience, so if you want to wish the winner of the Tour de France all the best, you can't miss Strahov on Friday!





L'ETAPE VILLAGE SCHEDULE

SATURDAY 11. 6.

8:00	Opening of the L'Etape Village and bike storage
8:00 - 10:30	Last call riders' check-in (pre-arranged cases only)
8:00 - 18:00	Tour de France Museum French Market and Gastro Zone Stands of partners Children's traffic playground with face painting Airbrush tattoo studio
9:00	Riders' briefing
9:30	Corridor opening and riders ordering - Long Route
9:50	Opening Ceremony of the Long Route Race
10:00	Start of the Long Route
11:00	Opening of the corridor and riders ordering of the Short Route riders
11:20	Opening ceremony of the Short Route
11:30	Start of the Short Course Race
12:00	Victory lap or experience the feeling of a L'Etape racer at the start and crossing the finish line
13:47	Estimated finish time of the Long Course winner
14:00 - 17:30	Pasta party in Menza Strahov
14:01	Estimated finish time of the Short Route winner
16:00	Announcement of the overall winners and jerseys
15:40	Time limit for classified riders to reach the finish
16:30	Announcement of category winners and team competition
18:00	Closing the village

FRIDAY 10. 6.

16:00	Opening of the L'Etape Village next to Strahov Stadium
16:00 - 20:00	Check-in of the competitors - picking up of the rider's bib, signing wall Tour de France Museum French market and gastro zone Stands of partners Children's traffic playground
16:30	Q&A with Ján Svorada and autograph session
16:50	Riders' briefing
17:10	Food workshop (Penco)
17:30	Q&A with Martina Sáblíková and autograph session
17:50	Riders' briefing
18:10	Bikefitting workshop (Harfasport)
18:30	Andy Schleck's birthday party
18:50	Q&A with Andy Schleck and autograph session
19:20	Riders' Briefing
20:00	Closing of L'Etape Village

L'ETAPE VILLAGE BASIC PHYSIOLOGICAL NEEDS

CATERING

The Strahov Canteen will take care of carbohydrate and energy replenishment in general after the finish. Here you will exchange your meal voucher from the rider's bib for tasty food, and with an important added value - fast.

In case you get hungry on Friday or wanted to grab a bite before the start or even after the finish, the L'Etape village includes a fancy gastro corner - see below.

COFFEE

Café Reserva will be ready to serve great Italian coffee prepared in the legendary Faema coffee machines from Friday 16:00 until Saturday 18:00. As a part of the rider's bib, you get one free espresso. And an Espresso is an Espresso, it's not a capucciono, latte or a Vienna with whipped cream.



BIDONS

A racer can't perform his/her best without a right drinking regime, which is why ŠKODA AUTO has donated a bidon for every participant to pick up in the tent next to the fan shop.

BIKE STORAGE

The bike and luggage storage is located outside the canteen will give you a sense of security. Your „pet“ will be safe while feasting or taking a refreshing shower.

SHOWERS

As most of the participants have ordered nice weather, we have also ordered showers for you. You'll find them outside the canteen building.

TOILETS

There will definitely be plenty of them.

PRODEJNA / 3 PATRA ZBOŽÍ PŘEDNÍCH SVĚTOVÝCH ZNAČEK



Prodejna 1500 m²



Prémiové značky



Největší výběr lyžáků

PROFESIONÁLNÍ SLUŽBY / PRO VŠECHNY CYKLISTY A LYŽAŘE



Bikefitting



Strolz – lyžáky na míru



Bootfitting



Servis kol



Servis lyží



Zimní půjčovna

AKCE A KURZY / SEMINÁŘE, TESTOVÁNÍ, KEMPY A KURZY



Cyklistické akce



Zimní akce

HARFASPORT
Českomoravská 41, Praha 9
Prodejna: 284 811 212
Servis: 284 811 616
Půjčovna: 284 811 515
Bazar: 284 811 717

OTEVŘENO DENNĚ 10 – 20
www.HARFASPORT.cz

L'ETAPE VILLAGE ACCOMPANYING ACTIVITIES

VICTORY LAP

An activity for all small and big racers who arrive at Strahov on a bike or a scooter. The aim is to convey to all participants the feeling of real racers. It is one circuit around the large Strahov Stadium with start and finish in the official corridor. No registration is needed, just arrive at Strahov at 12.00 to START!.

TOUR DE FRANCE MUSEUM

Everything you wanted to know about the Tour de France and were afraid to ask. The history of the Tour, the jerseys and trophies, an original trophy for the Tour de France winner from the Czech company Lasvit and the director's Škoda Enyaq iV from the Tour de France 2021 will be exclusively exhibited.

WE LOVE CYCLING CHILDREN'S TRANSPORT PLAYGROUND

An activity especially for the cycling spawn. Children's bikes and helmets available for hire and as a bonus, face painting will be added on Saturday.

HENNA TATTOO

L'Etape is sure to leave you with memories to last a lifetime. A stylish tattoo from this booth will remind you of thee participation just for a few weeks...

MASSAGES AND CHILL-OUT ZONE

A 15-minute foot shake after reaching the finish line can be enjoyed by all those who have paid for this service in advance. Others dependable on capacity.

The chill-out zone will also include a special Smoothie Bike Bar by We Love Cycling activity. What is it? It is a surprise!



ŠKODA AUTO SHOWROOM

In the showroom, you can look forward to seeing cars, bikes and other products from the ŠKODA AUTO range on display.

PRAGUE ENERGY

The traditional energy supplier will be presenting a well-equipped electric bike rental and charging stands for electric vehicles.

ROUVY

A cycling platform that features more than 2,000 routes synchronized with high-quality videos, training sessions, competitions or group rides.



FANSHOP TOUR DE FRANCE AND L'ETAPE CZECH REPUBLIC

Shop offering original clothing and pieces from the Tour de France and L'Etape Czech Republic by Tour de France collection.

KALAS SPORTSWEAR

Traditional Czech manufacturer of top quality cycling clothing. Producer of the exclusive L'Etape Czech Republic cycling collection and jerseys for the Alpecin-Phoenix stable, headlined by Mathieu Van de Poel.

L'ETAPE VILLAGE PARTNER STANDS



L'ETAPE VILLAGE SALES STANDS

HARFASPORT

A top sports specialty with a focus not only on bike sales, cycling clothing and services such as great service or bikefitting.

PENCO

Established Czech manufacturer of sports nutrition for adult athletes, active children and youth.



THE ORIGINAL FRENCH MARKETS

Wine, cheese, crepes, charcuterie, lemonade, snails and other traditional French delicacies in ten stylish stalls with seating. Simply a piece of traditional France in Strahov.

PAUL BAKERY

French café and bakery with a tradition since 1889.

CAFÉ RESERVA

Quality coffee beans prepared in legendary Faema coffee machines. Redeem your free espresso voucher here.

NEJEN BISTRO

A steak restaurant from Prague's Michle melts its grill to prepare fabulous farm-raised steaks in the foothills of the Jeseníky Mountains

BREWERY UNĚTICE

After the performance it comes handy. Does it need any further introduction?





BRAVO MATHIEU!

Mathieu van der Poel již podruhé vyhrál v našem oblečení závod Okolo Flander.
Jsme hrdým sponzorem cyklistického týmu Alpecin-Fenix.

Ride On. Stand Out.



WHAT YOU WILL FIND IN IT

- start number and a sticker for a saddlebag with a passive chip, which are the property of the organizer until the end of the race
- a unique online Racer Card for your mobile phone, which will be converted into an electronic diploma with your time after the race
- stylish L'Etape cycling socks from our partner Kalas Sportswear
- energy gel from our nutrition partner Penco
- a sticker with the course profile for the top frame tube
- a meal voucher for the Pasta Party after finishing (to be consumed in the Strahov Canteen)
- voucher for Espresso Café Reserva (to be enjoyed also at the Café Reserva stand)
- voucher for a We Love Cycling bidon (to be picked up in the fanshop)
- services of a mechanical car on the race course
- medical support at the highest level
- refreshments after crossing the finish line from supplier Oshee
- unique participant medal

RIDER'S BIB DISTRIBUTION SYSTEM

Pre-race distribution

The vast majority of entrants took the opportunity to have their rider's bib delivered to their home by our reliable partner, Zásilkovna.

If for some reason your package hasn't arrived, we probably know about it, it is on its way to us and will be available for pick up at the registration desk on both Friday and Saturday. But just to be sure, drop us a message and we'll arrange a time for you to pick it up. There is limited capacity for Saturday pickup.

Pick up at Strahov

The main and preferred option for picking up your rider's bib is Friday, June 10, from 4-8 p.m. at the L'Etape Village front desk.

We only have a limited capacity for Saturday pick-up and you need to register in advance. If for some reason you can't make it on Friday, email us at info@letapeczech.cz and we'll work it out together.

ATTACHING THE START NUMBER AND STICKER



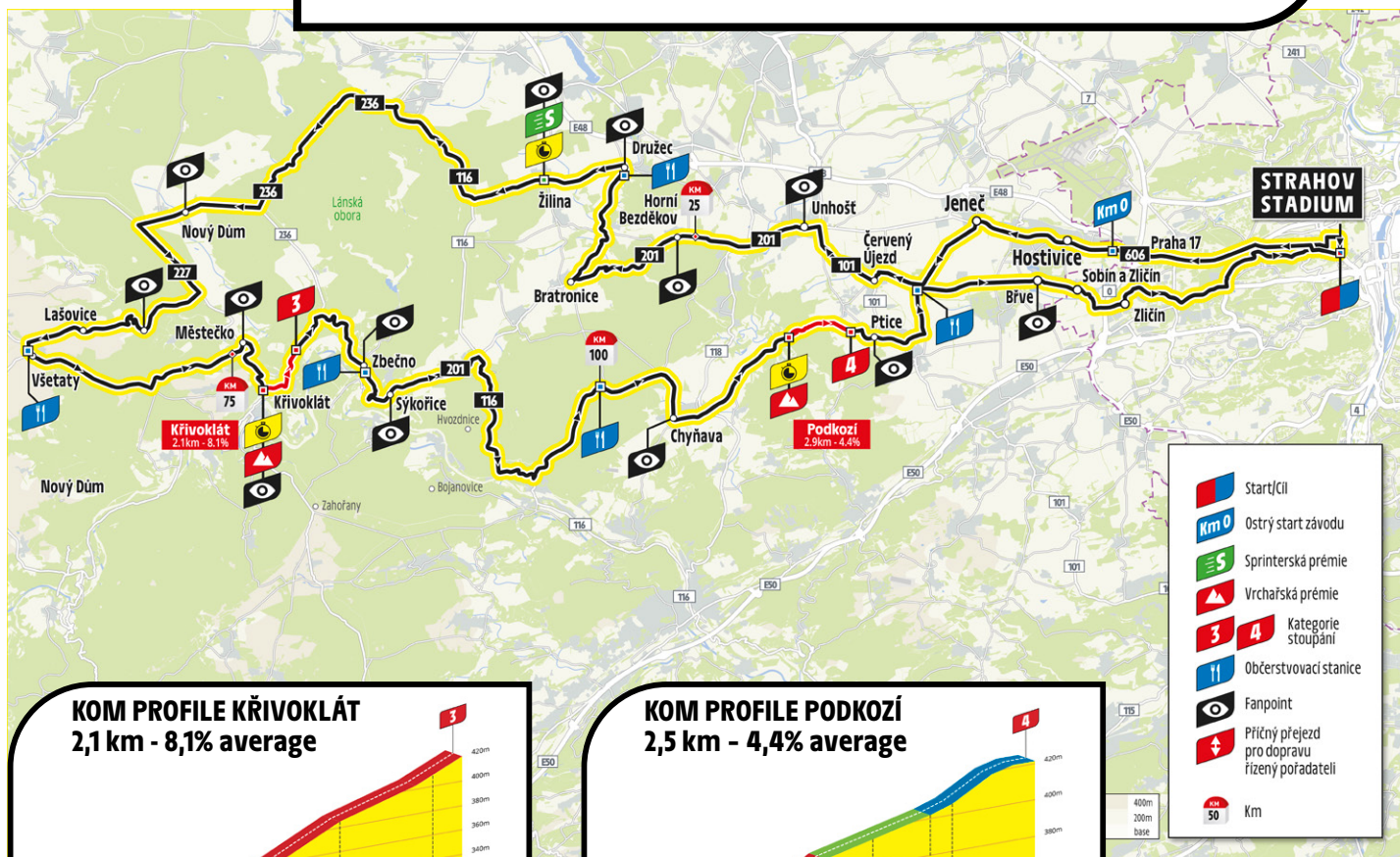
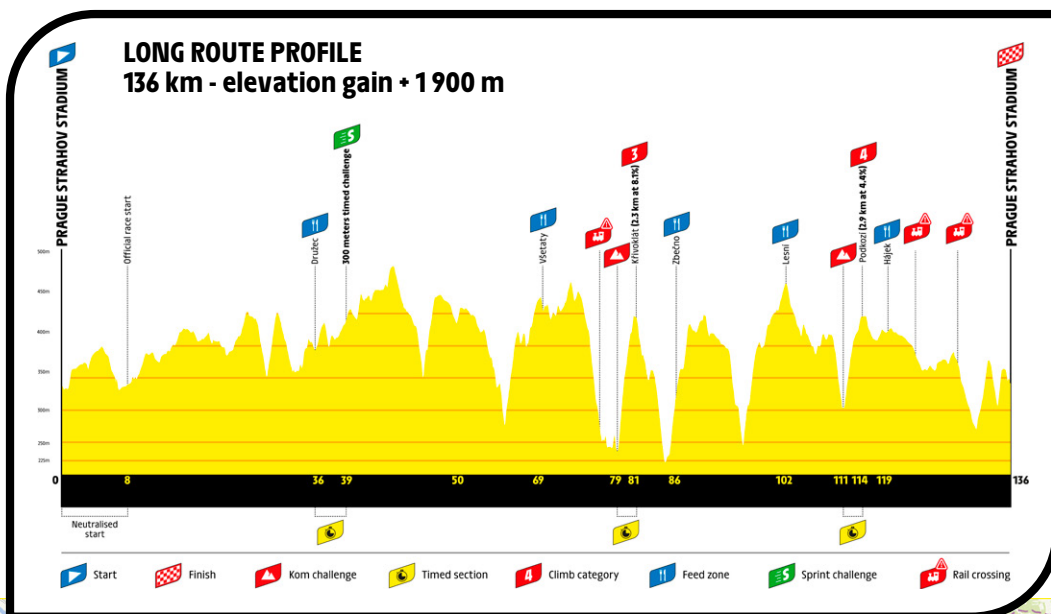
A signature wall will be set up in the L'Etape village with the names and start numbers of all competitors who registered for the race by Sunday, June 5, 2022.

SIGNATURE ON THE SIGNATURE WALL

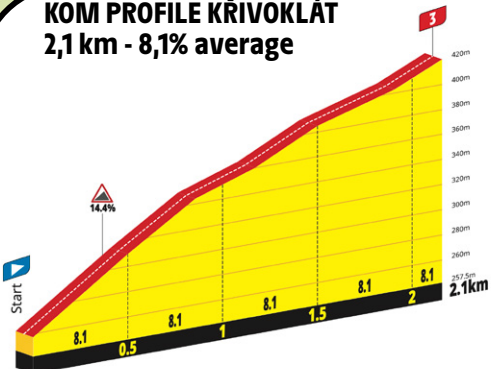
The task is clear:

- find your name by your start number.
- sign it
- don't forget to take a picture
- share the photo on social media with the hashtag #myroadtoletape and tag the race profile

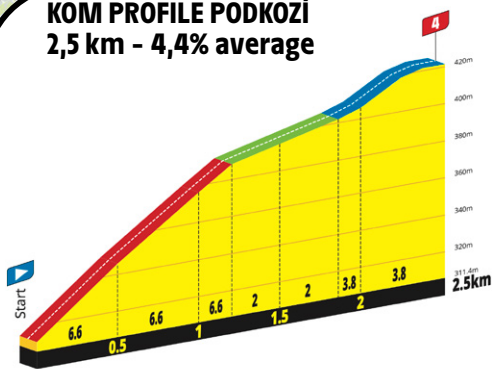




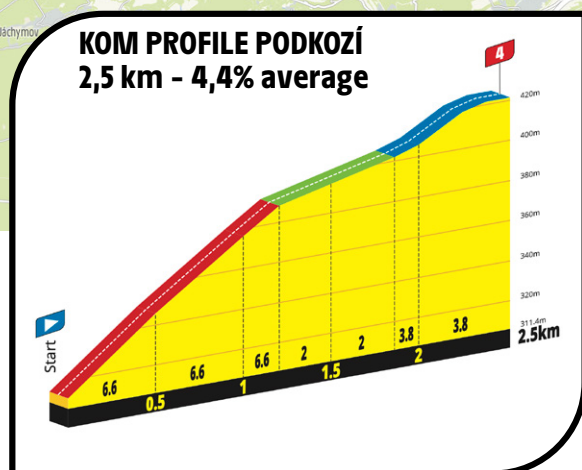
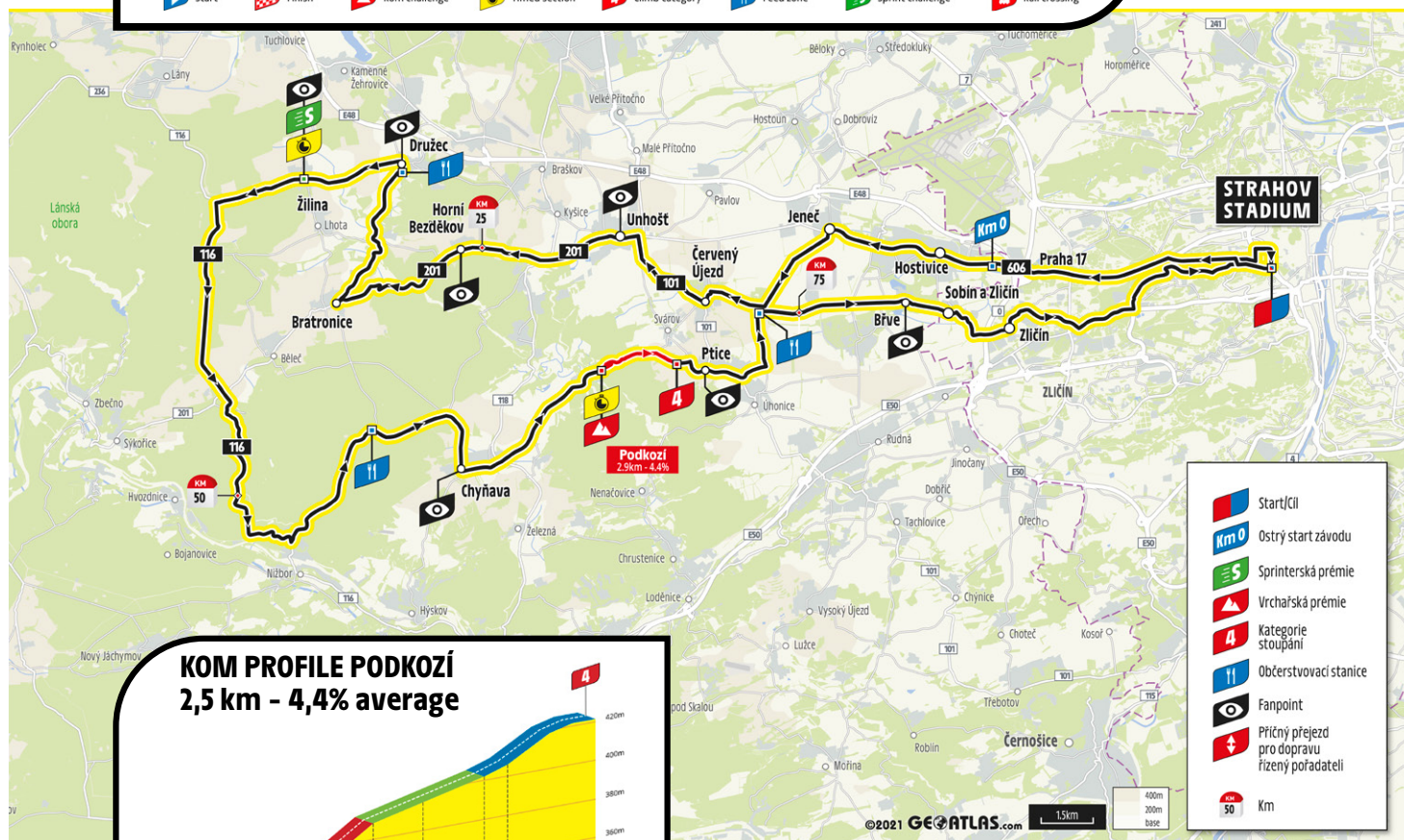
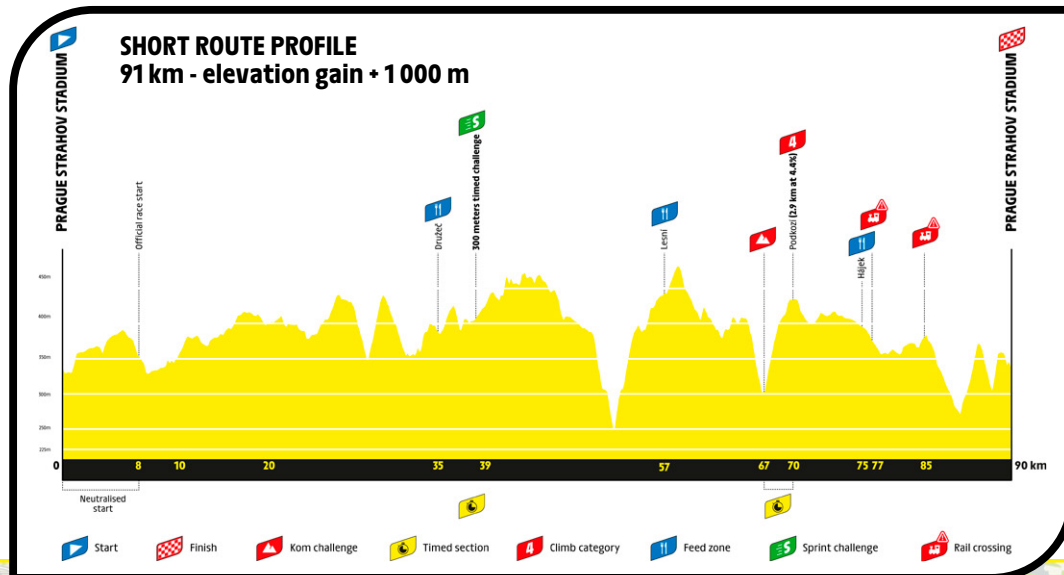
KOM PROFILE KŘIVOKLÁT
2,1 km - 8,1% average



KOM PROFILE PODKOZÍ
2,5 km - 4,4% average



SHORT ROUTE



MODELÝ ŠKODA iV PRO ŽIVOT NABITÝ NEVŠEDNOSTÍ



ŠKODA
SIMPLY CLEVER



iV

Nové vozy z rodiny iV se stanou vaší vizitkou.

Modely ŠKODA ENYAQ iV vynikají svým krystalickým designem. Jejich progresivní a sebevědomý vzhled podtrhuje osvětlená maska Crystal Face, která proměňuje všednost na něco výjimečného. **Připojte se k rodině iV.**

skoda-auto.cz

ŠKODA ENYAQ iV – emise CO₂: 0 g/km; spotřeba: 15,7–18,4 kWh/100 km.

/skodacz

/skodacr

/skodacz

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Kilometrage	Section	Description & recommendations	Important spots and possible dangers
km 0,0 - 7,9	Neutral zone	<p>The first 7.9 km are non-racing. The start at Strahov is only ceremonial... We will ride at a constant speed in a compact group until we reach the Prague border, which is a great opportunity to stretch our legs, get in sync with the peloton and mentally prepare for a sharp start. In this section it is forbidden to improve your position in the peloton by risky overtaking or dangerous riding on the pavement. A sharp start will be signaled at the 7.9 km mark.</p> <p>Recommendation: Do not hurry, the route is long enough. You will not win the race here, but on the contrary you can lose the whole race and ruin the day for others.</p>	<p>! km 2,9: Tram tracks crossing</p> <p>! km 4.5: Tram tracks crossing</p> <p>! km 5.8: Downhill ride</p>
km 7,9 - 23,7	Hostivice - Amerika	<p>The perfect part to catch the rhythm and get into the tempo. A flat part of the route, alternating between passing through villages and an open road between fields. Towards the end of the section is a passage through Unhosti -the surface ahead is very broken and topped off with cobbles. Be careful, because you really do not want to deal with a flat tire this early. We will also pass the first fan point in Unhosti, where the spectators will boost your energy.</p> <p>Recommendation: The race has started, now you have a unique chance to improve your position in the peloton.</p>	<p>! km 9,0: Narrowed track - underpass of the train line</p> <p>! km 11,7: Railway crossing (out of service)</p> <p>! km 20,8 to 21,6: Uneven track and cobbles</p>
km 23,7 - 35,3	Amerika - Družec	<p>Here comes the first hill. Ideal for a nice warm-up. Then we pass through the village of Horní Bezděkov with another fan point and downhill ride to Mostecký Mill. The downhill is followed by an uphill to Bratronice, 1.5 km long climb with an average slope of 5.5%, which means you can fight off a few rivals here. In Bratronice, watch out for a sharp turn to the right. Then a fast drive follows through Dolní Bezděkov and an uphill to the lovely village of Družec, where you will find the first refreshment station and also a fan point.</p> <p>Recommendation: Keep a safe spacing. Try and step out on a couple of hills to test how your pack mates are doing.</p>	<p>km 25,1 - 26,7: Passage through Horní Bezděkov, occasionally collapsed drain on the left side of the road</p> <p>! km 26,7 - 28,4: Forest downhill ride with a few unclear curves.</p> <p>28,4 - 29,8: Hill to Bratronice, 1.5 km, 5.5% average slope</p> <p>!!! km 30,4: Sharp right-hand turn</p> <p>Km 35,3: Refreshment station</p>

ROUTE MAPS, INTRODUCTIONS, ITINERARY

ROUTE DESCRIPTION

Kilometrage	Section	Description & recommendations	Important spots and possible dangers
km 35,3 - 41,0	Družec - Ploskov - Splitting of routes	<p>The road in section between Družec and Žilina is affected by repeated repairs of the surface. There is a measured sprinter segment in Žilina.</p> <p>Next follows an easy section through meadows and forest to the village of Ploskov, where the trails part. The long one continues right towards Láňy, while the short one continues left towards Nižbor.</p> <p>Recommendation: on the sprint segment, the fans will drive you forward, but spread your strength carefully, because the second half of the segment is slightly up a hill!</p>	<p>km 35,3 - 38,3: Uneven surface</p> <p>km 38,5 - 38,9: Sprinter segment</p> <p>! km 41: Splitting of routes</p>
Long route only km 41,0 - 57,2	Splitting of routes - Děvín (nájezd na II/227)	<p>The first 200 m after Ploskov are a bit damaged, watch out for punctures. But after that you enjoy a beautiful 16 km route through the forest on a good surface. Sometimes it gets a bit wavy, but nothing fatal. Perhaps only the hill towards the end of the section to St. Elizabeth is worth mentioning, in several sections the slope reaches 10 percent or even more.</p> <p>Recommendation: The calm before the storm. Hang on to someone and gather your strength for what's to come in the next phase of the race.</p>	<p>!!! km 41,1 - 41,3: Damaged surface</p> <p>km 51,1 - 51,7: Brajlhill - St. Elizabeth, 1,6 km and 6% average slope</p>



ROUTE MAPS, INTRODUCTIONS, ITINERARY ROUTE DESCRIPTION



Kilometrage	Section	Description & recommendations	Important spots and possible dangers
Long route only km 57,2 – 77,0	Děvín - Městečko	<p>After joining the main road connecting Rakovník and Beroun, it will continue straight for a while, then in a slight downhill there is a right turn onto a small asphalt road with a nice surface - the descent to Pustovět begins. First the forest, then a beautiful view, then a descent through the village and then it finally comes. The first proper hill. Pustověty - Lašovice, something close to two kilometres, in some places over 20% slope.</p> <p>Don't forget to refuel your energy in Všetaty. Route continues with forest up and down section and the downhill to Městečko, ending with an unprotected railway crossing!</p> <p>Recommendation: Hide in the pack at the beginning of the section and save your strength, shake out your thighs on the downhill and put on your best in Pustověty. Just make sure you don't go over the thread. As for the hills, this is just the beginning... In the Městečko, watch out for the train!</p>	<p>!!! km 60,2: Right turn</p> <p>!!! km 60,2 – 62,8: Downhill to Pustovět</p> <p>Km 62,8 – 64,7: Pustověty Hill – Lašovice, 1,9 km and 5,7% average slope</p> <p>km 68,6: Refreshing station Všetaty</p> <p>km 75,0: Downhill to Městečka</p> <p>!!! km 76,7: Unprotected railway crossing</p>

Kilometrage	Section	Description & recommendations	Important spots and possible dangers
Long route km 77,0 – 91,9	Městečko - Luby	<p>The section Městečko - Křivoklát is beautiful, with a water stream on the left, a railway tunnel on the right, a view of Křivoklát shows up after the turn and you know it's here! The climb around the castle is the hardest climb on the whole route of this year's race. In addition it is on the cobbles!</p> <p>After climbing the endless hill above Křivoklát, the downhill to Zbečno follows. A quick refreshment stop and Sýkořičák. It's been here once before (last year) and here it comes again! But don't worry, the fans will boost you!</p> <p>At the end of the section you will find a merging of both routes.</p> <p>Recommendation: This section is decider where it will hurt. Set your pace and don't let it get you down. Although with the fans, that's easier said than done...</p>	<p>!!! km 79,3 – 81,5: KOM Křivoklát, 2,2 km and 7,2% average slope</p> <p>!! km 82,8: Sharp right turn</p> <p>!!! km 82,8 – 86: Downhill to Zbečna</p> <p>km 86,4: Refreshing station Zbečno</p> <p>! km 86,8 – 89,4: Sýkořičák hill, 2,6 km, 5,7% a</p>
Long route km 91,9,0 – 106,5 Short route km 46,8 – 61,3	Luby - Chyňava	<p>At the beginning of the section, the two routes will be merged. Then the section around the Dřevíč castle and a quick descent into the valley of the Vůznice river follows. And as it has been the case several times before, if you go down, you have to go up as well. The longest climb of the whole race awaits you here, it is very steep at the beginning, then flattens out and then steep again at the end, although not as much. There is a forest refreshment station located at the end of the flatter section. After that, you will be arriving to Chyňava in no time.</p> <p>Recommendation: At the beginning of the section there will be time to take a little breather and mobilize your strength to manage more than 6.6 km uphill that will follow.</p>	<p>km 91,8/46,8: Routes merging</p> <p>km 97,3 – 103,6/52,3 – 58,3: Kopec Nižbor – Pelechovka, 6,0 km, 3,6% average slope</p> <p>km 102,3/59,5: Forest refreshment station</p> <p>km 106,3/61,3: Sharp left turn</p>

km to finish	km from start	place description	lead of the race	broom wagon	average lead speed	average br. wagon speed
136,6	0	START - Vaníčkova street	10:00	10:15		
135,7	0,9	Atletická --> Skokanská	10:02	10:17	20	20
133,7	2,9	Tomanova --> Bělohorská	10:08	10:23	20	20
133,3	3,3	Bělohorská/Ankarská (Intersection Vypich)	10:09	10:24	20	20
131,9	4,7	Bělohorská/Karlovarská	10:13	10:29	25	20
130,8	5,8	Karlovarská/Slánská	10:15	10:32	25	20
130,3	6,3	Karlovarská/Drnovská	10:16	10:33	40	25
129,8	6,8	Karlovarská --> Na Hůrce	10:17	10:34	40	25
128,7	7,9	SHARP START	10:19	10:37	40	25
126,9	9,7	Hostivice, Čsl. armády --> Komenského	10:21	10:41	40	25
124,9	11,7	Railway crossing 6J-004	10:24	10:46	38	25
123,7	12,9	Jeneč, Karlovarská --> Úhonická	10:26	10:49	42	25
120,7	15,9	Hájek, Intersection 0056/0066	10:30	10:56	42	25
118,7	17,9	Červený újezd, Intersection Hájecká --> Unhošťská	10:33	11:01	45	25
115,9	20,7	Unhošť, Intersection V Topolech --> Pražská	10:37	11:08	42	25
115	21,6	Unhošť, Intersection Pražská --> Křivoklátská	10:38	11:10	40	25
112,9	23,7	Amerika, Intersection 201/118	10:42	11:15	40	25
111,1	25,5	Horní Bezděkov, Intersection 201/Valdecká	10:45	11:19	32	25
106,2	30,4	Bratronice, Intersection 201 --> 2015	10:55	11:31	30	25
103,9	32,7	Dolní Bezděkov, Pokorného mlýn	10:58	11:36	50	25
101,3	35,3	Družec, Intersection Hlavní --> Na Návsí	11:03	11:43	28	25
98,3	38,3	Žilina, Intersection Družecká/Kladenská	11:08	11:50	35	25
95,5	41,1	Ploskov, Intersection 1161 --> 116 (ROUTE SEPARATION)	11:13	11:57	36	25
90,9	45,7	Lány, roundabout 116 --> 236	11:21	12:08	36	25
83,8	52,8	Intersection 236 --> 2273	11:35	12:25	30	25
80,9	55,7	Nový Dům, střed obce	11:39	12:32	40	25
79,5	57,1	Intersection 2273 --> 227	11:42	12:35	34	25
76,4	60,2	Křižovatka 227 --> účelová komunikace směr Pustověty	11:45	12:42	50	25
73,9	62,7	Pustověty - center of the village	11:48	12:48	60	25
70,5	66,1	Lašovice - center of the village	11:55	12:57	28	25
68,6	68	Intersection 2333 --> 2334	11:59	13:01	32	25
68,3	68,3	Všetaty, Intersection 2334 --> 20113	11:59	13:02	50	25
63,6	73	Intersection 20113 --> 2271	12:06	13:13	38	25
60	76,6	Městečko, Railway crossing 2271-1	12:10	13:22	60	25
59,7	76,9	Městečko, Intersection 2271 --> 227	12:10	13:23	42	25
57,4	79,2	Křivoklát, Intersection 227 --> 201	12:14	13:28	38	25
53,9	82,7	Písky, Intersection 201/236	12:22	13:36	28	25

km to finish	km from start	place description	lead of the race	broom wagon	average lead speed	average br. wagon speed
50,2	86,4	Zbečno, Intersection 201/20112	12:25	13:45	60	25
48,4	88,2	Sýkořice, Bus Stop Sýkořice	12:30	13:50	23	25
47,3	89,3	Sýkořice, Bus Stop U křižku	12:33	13:52	24	25
44,8	91,8	křižovatka 201 --> 116 (ROUTE CONNECTION)	12:37	13:58	38	25
38,6	98	Nížbor, Intersection Lánská/Konvalinková	12:44	14:13	50	25
34,4	102,2	Intersection 1163 --> 2011	12:53	14:23	30	25
32,1	104,5	Intersection 2011 --> 20110	12:57	14:29	28	25
30,3	106,3	Chyňava, Intersection Velká Strana/Hýskovská	13:01	14:33	35	25
29,2	107,4	Chyňava, 10134 underpass under 118	13:02	14:36	45	25
25,2	111,4	Podkozí, Bridge 10134-3	13:09	14:45	35	25
22	114,6	Ptice, Intersection K Průhonu --> K Jezírku	13:16	14:53	28	25
21,3	115,3	Ptice, Intersection K Jezírku --> Hlavní	13:17	14:55	42	25
20,3	116,3	Ptice, Intersection Hlavní --> K Višňovce	13:18	14:57	45	25
19,5	117,1	Intersection 00521a --> 00521	13:20	14:59	32	25
17,8	118,8	Hájek, Intersection 00521 --> 0056	13:22	15:03	36	25
17,6	119	Hájek, Intersection 0056/0066	13:23	15:04	35	25
15,2	121,4	Railway crossing 0056-2	13:26	15:09	50	25
15	121,6	Intersection 0056/00518	13:26	15:10	50	25
14,2	122,4	Intersection 0056/00513	13:27	15:12	50	25
13,3	123,3	Břve, Hájecká/terminal	13:28	15:14	48	25
12	124,6	Sobín, Hostivická --> Ke Břvům	13:30	15:17	40	25
11,1	125,5	Sobín/Sobínka	13:31	15:19	42	25
10	126,6	Zličín, Intersection Hrozenkovská --> Strojírenská	13:33	15:22	43	25
9,4	127,2	Zličín, Strojírenská, Railway crossing	13:34	15:23	45	25
9,2	127,4	Zličín, Intersection Strojírenská --> Engelmullerova	13:34	15:24	45	25
7,5	129,1	Intersection Makovského --> Plzeňská	13:36	15:28	48	25
5,9	130,7	Intersection Plzeňská --> nájezd Kukulova	13:37	15:32	65	25
5,4	131,2	Intersection exit Kukulova --> Kukulova	13:38	15:33	27	25
4,4	132,2	Intersection Kukulova/Roentgenova	13:41	15:35	28	25
4,0	132,6	Intersection Kukulova --> Podbělohorská	13:41	15:36	28	25
2,6	134	Intersection Podbělohorská/Spiritka	13:43	15:40	55	25
2	134,6	Intersection Spiritka --> Atletická	13:44	15:41	28	25
1,2	135,4	Intersection Atletická --> Zátokova	13:45	15:43	55	25
0	136,6	Cíl - ulice Vaničkova	13:47	15:46	50	25
TOTAL TIME AND AVERAGE SPEED			3:47:06	5:31:19	38,8	24,6



km to finish	km from start	place description	lead of the race	broom wagon	average lead speed	average br. wagon speed
91,6	0	START - Vaničkova street	11:30	11:45		
90,7	0,9	Atletická --> Skokanská	11:32	11:47	20	20
88,7	2,9	Tomanova --> Bělohorská	11:38	11:53	20	20
88,3	3,3	Bělohorská/Ankarská (Intersection Vypich)	11:39	11:54	20	20
86,9	4,7	Bělohorská/Karlovarská	11:43	11:59	25	20
85,8	5,8	Karlovarská/Slánská	11:45	12:02	25	20
85,3	6,3	Karlovarská/Drnovská	11:46	12:03	40	25
84,8	6,8	Karlovarská --> na Hůrce	11:47	12:04	40	25
83,7	7,9	SHARP START	11:49	12:07	40	25
81,9	9,7	Hostivice, Čsl. armády --> Komenského	11:51	12:11	40	25
79,9	11,7	Railway crossing 6J-004	11:54	12:16	38	25
78,7	12,9	Jeneč, Karlovarská --> Úhonická	11:56	12:19	42	25
75,7	15,9	Hájek, Intersection 0056/0066	12:00	12:26	42	25
73,7	17,9	Červený újezd, Intersection Hájecká --> Unhošťská	12:03	12:31	45	25
70,9	20,7	Unhošť, Intersection V Topolech --> Pražská	12:07	12:38	42	25
70	21,6	Unhošť, Intersection Pražská --> Křivoklátská	12:08	12:40	40	24
67,9	23,7	Amerika, Intersection 201/118	12:12	12:45	40	24



km to finish	km from start	place description	lead of the race	broom wagon	average lead speed	average br. wagon speed
66,1	25,5	Horní Bezděkov, Intersection 201/Valdecká	12:15	12:50	32	24
61,2	30,4	Bratronice, Intersection 201 --> 2015	12:25	13:02	30	24
58,9	32,7	Dolní Bezděkov, Pokorného mlýn	12:28	13:08	50	24
56,3	35,3	Družec, Intersection Hlavní --> na Návsí	12:33	13:14	28	24
53,3	38,3	Žilina, Intersection Družecká/Kladenská	12:38	13:22	35	24
50,5	41,1	Ploskov, Intersection 1161 --> 116 (ROUTE SEPARATION)	12:43	13:29	36	24
44,9	46,7	Intersection 201 --> 116 (ROUTE CONNECTION)	12:51	13:43	43	24
38,6	53	Nížbor, Intersection Lánská/Konvalinková	12:58	14:00	50	22
34,4	57,2	Intersection 1163 --> 2011	13:07	14:11	30	22
32,1	59,5	Intersection 2011 --> 20110	13:12	14:18	28	22
30,3	61,3	Chyňava, Intersection Velká Strana/Hýskovská	13:15	14:22	35	22
29,2	62,4	Chyňava, 10134 underpass under 118	13:16	14:25	45	22
25,1	66,5	Podkozí, Bridge 10134-3	13:23	14:37	35	22
21,9	69,7	Ptice, Intersection K Průhonu --> K Jezírku	13:30	14:45	28	22
21,3	70,3	Ptice, Intersection K Jezírku --> Hlavní	13:31	14:47	42	22
20,3	71,3	Ptice, Intersection Hlavní --> K Višňovce	13:32	14:50	45	22
19,5	72,1	Intersection 00521a --> 00521	13:34	14:52	32	22
17,8	73,8	Hájek, Intersection 00521 --> 0056	13:37	14:57	36	22
17,6	74	Hájek, Intersection 0056/0066	13:37	14:57	35	22
15,2	76,4	Railway crossing 0056-2	13:40	15:04	50	22
15	76,6	Intersection 0056/00518	13:40	15:04	50	22
14,2	77,4	Intersection 0056/00513	13:41	15:06	50	22
13,2	78,4	Břve, Hájecká/terminal	13:42	15:09	48	22
12	79,6	Sobín, Hostivická --> Ke Břvům	13:44	15:12	40	22
11,1	80,5	Sobín/Sobinka	13:45	15:15	42	22
10	81,6	Zličín, Intersection Hrozenkovská --> Strojírenská	13:47	15:18	43	22
9,4	82,2	Zličín, Strojírenská, Railway crossing	13:48	15:19	45	22
9,2	82,4	Zličín, Intersection Strojírenská --> Engelmullerova	13:48	15:20	45	22
7,5	84,1	Křižovatka Makovského --> Plzeňská	13:50	15:25	48	22
5,9	85,7	Intersection Plzeňská --> nájezd Kukulova	13:52	15:29	65	22
5,4	86,2	Intersection exit Kukulova --> Kukulova	13:53	15:30	27	22
4,4	87,2	Intersection Kukulova/Roentgenova	13:55	15:33	28	22
4,0	87,6	Intersection Kukulova --> Podbělohorská	13:56	15:34	28	22
2,6	89	Intersection Podbělohorská/Spiritka	13:57	15:38	55	22
2	89,6	Intersection Spiritka --> Atletická	13:58	15:40	28	22
1,2	90,4	Intersection Atletická --> Zátokova	13:59	15:42	55	22
0	91,6	FINISH - Vaníčkova street	14:01	15:45	50	22
TOTAL TIME AND AVERAGE SPEED			2:31:15	4:00:37	38,8	22,9

RACE AND TRANSPORT ORGANISATION

L'Etape Czech Republic by Tour de France is divided into two races according to the length of the route. The Long Route is 136.8 km and the Short Route is 91.7 km long.

Start of the Long Route: 10:00

Start of the Short Route: 11:30

The race is ridden on normal roads with complete or partial traffic exclusion along the entire route, with the assistance of members of the Czech Police, Municipal Police and marked and trained organizers.

The organizers cannot restrict the integrated rescue vehicles going to the emergency in any way, and therefore the participants are always obliged to use the right side of the road as a priority or respect the instructions of the security forces and organizers. The participants take part in the race at their own risk.

CEREMONIAL START

Exactly the same as it is during Tour de France, the L'Etape will not be raced right after the start gate is passed. The two waves will ride the first 7.9 km through the city in a compact formation with the assistance of the Czech Police and the organisers. During this initial phase, it is forbidden to actively improve your position in the peloton by risky riding, riding in the opposite direction or on the pavement. The official start will be signaled from the introductory director's car at approximately 7.9 km before Hostivice.

SECURING THE RACE
CROSSING THE ROUTE

CROSSING THE ROUTE WITH THE RAILWAY

There are a total of four crossings, with the railway on the route. For three from four of the crossings we have requested a traffic closure for the majority of the peloton. The only fully active crossing remains the unprotected crossing in the village of Městečko, which is on the Long Route at km 76.7. This crossing is also located at the end of the descent. Therefore, there will be an increased activity by the organizers who will warn (whistling, red flag) of the closure of the crossing well in advance. For all crossings, there is a strict prohibition to enter the track area when the red light is flashing, under penalty of immediate disqualification from the race.

SECURING THE RACE
CROSSINGS FOR
TRANSPORT

CROSSINGS FOR PASSENGER TRANSPORT

Crossings are provided at several points along the route to allow public transport providers and local residents in particular to cross the route of the race. All these locations will be carefully marked and staffed by the organisers and in some cases by members of the security forces. At these crossings priority will be given to race participants. However, please take an extra care and follow the instructions of the organisers.

SECURING THE RACE
MEDICAL
SUPPORT

MEDICAL SUPPORT

At the end of each wave, an ambulance will drive by. There will be additional ambulances (7 in total) at several selected locations along the route. The medical escort of L'Etape Czech Republic is part of the integrated rescue system. In case of an accident with injuries, call 728 155 155.



SECURING THE RACE ESCORT VEHICLES

ESCORT VEHICLES AND TECHNICAL SUPPORT

Team escort vehicles are prohibited. Only marked vehicles and motorcycles of the organizers, the Police of the Czech Republic or the Prague City Police are allowed in the peloton.

Neutral technical support will be provided by two mechanical vehicles of the **ATT Investmen Pro cycling team**. The service depot will also be part of the L'Etape village in Strahov.

SECURING THE RACE TIME LIMIT

TIME LIMIT AND COLLECTION VEHICLE

Riding on closed roads is a great experience for the riders, but also a big limitation for the locals. At the end of each race, the organiser's vehicle marked „Time Limit“ will drive by. If a competitor is overtaken by this vehicle they are stripped of their start number and the race for them is finished. The DNF will appear next to the competitor's name on the results sheet.

If this happens he/she has the option to board the collection bus and be driven to the finish. The other option is to complete the race in regular traffic.

ROUTE MARKINGS AND SIGNALS FROM THE ORGANISERS

For added safety, the entire race route will be covered with signs and instructions for competitors. More than 400 organisers are involved in the route security. They will be equipped with whistles and three types of flags in dangerous sections.



Green flag = the race is started/restarted after an interruption

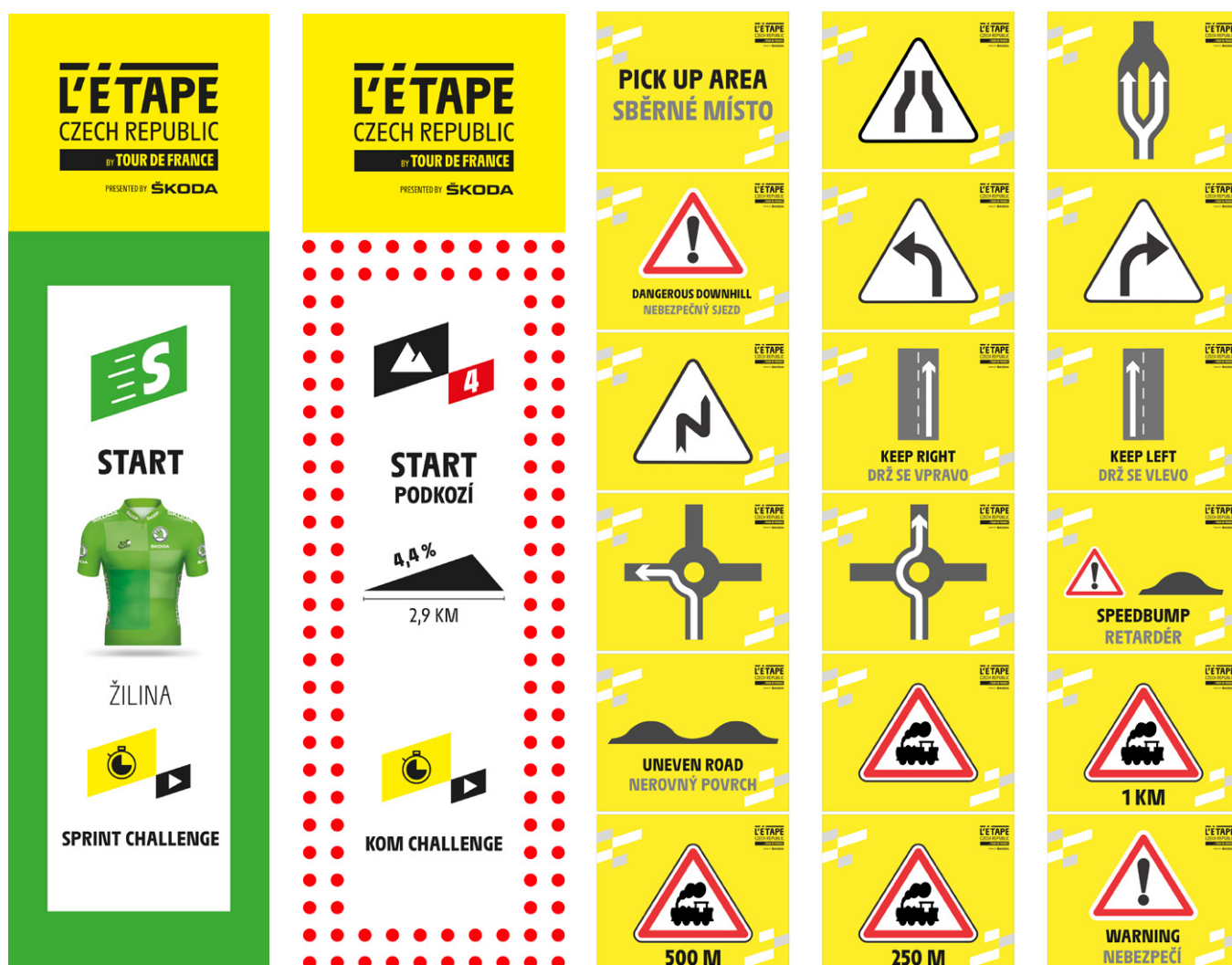


Orange flag = slow down, drive carefully



Red flag = stop by the right edge of the road, the race is suspended

See examples of L'Etape Czech Republic signage:



SECURING THE RACE REFRESHMENT STATIONS

REFRESHMENT STATIONS

The location of the refreshment stations can be found on the race map.

Competitors on the Long Route will have 5 fully equipped stations.

Competitors on the Short Route will have 3 fully equipped stations.

The refreshment stations will provide a variety of sweet and salty snacks as well as energy products from our nutrition partner PENCO.

At each refreshment station there will be a supply of several hundred filled bidons, most of which have been donated by the race's general partner ŠKODA AUTO. At the same time, you will have the opportunity to refill your bidon from a prepared barrel of water or ion exchange.

Approximately 200 m before and after the refreshment station, there will be mark **Refreshment Zone** where you can accept refreshments from your entourage and also dispose of your waste.

Littering anywhere else on the route will be punishable by disqualification.

SECURING THE RACE PHOTO ZONES

PHOTO ZONES

There will be several photographers on the course. Our goal is for each competitor to have at least three photos from the course and crossing the finish line. The service provider is a professional company Sportograf. After the race you will be able to purchase photos at the following address: www.sportograf.com

In the peloton of racers there will also be several professional photographers on the motorbike, led by Marketa Navratilova, Matěj Třešňák or Josef Vaishar.

TIMEKEEPING

Each rider will receive two timing chips in the rider's bib. One is placed on the start number on the handlebar, the other one on a sticker on the saddle tube. Each rider is required to properly attach both numbers to their bike. The start number and sticker are the property of the organizer until the rider crosses the finish line or the race is finished.

SECURING THE RACE
TIMEKEEPING

L'ÉTAPE
CZECH REPUBLIC
by TOUR DE FRANCE
PRESENTED BY SKODA

JMÉNO PŘÍJMENÍ
název týmu

90 km | Elite-M/Elite-W

0069

+420 728 155 155

ŠKODA | 211 | STRABAG | cardion | VEOLIA | PPF | Česká televize

PRAHA | 11. 6. 2022

Startovní číslo
na řídítka

Samolepka
na sedlovou
trubku

0069 →  **0069**

L'ÉTAPE CZECH REPUBLIC by TOUR DE FRANCE

90 km | Elite-M/Elite-W

L'ÉTAPE CZECH REPUBLIC by TOUR DE FRANCE

90 km | Short Route

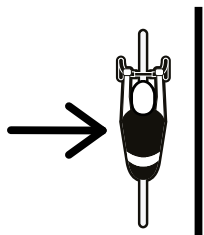
The master timing device will be located at the Start/Finish line.

The start time is the same for all and starts with the start shot.

Additional timing stations will be set up alongside the race route. These will determine the winner of the sprinter's green jersey competition and the hill climb competition for the polka dot jersey.

RACER'S CODE

During the race you are obliged to observe the following rules. Please note that we reserve the right to terminate your participation in the race if you fail to comply with any of the guidelines below or if we see you riding dangerously:



KEEP TO THE RIGHT

Stay in the right traffic lane unless otherwise specified by the course signage or the organiser's instructions.



SIGNALIZE

Respect the principles of riding in a group - signalling, fluency, maximum attention. If you don't have any experience with riding in the peloton, don't cram into one and ride at your own pace. The time limit is very benevolent.

If you see a danger or have to stop for some reason, give a signal to the racers behind you by raising your hand and shouting loudly.



FOLLOW THE INSTRUCTIONS

Always follow the instructions of the organizers and the police officers. The organizers use acoustic (whistle) and visual (flags) signals on the track.



RIDE RESPONSIBLY

Remember, it's just a race, not a matter of life and death. In any case, don't overestimate your abilities and be aware of the situation around you. Even if you're the best rider, everyone can make a mistake. Think of those who are waiting for you at the finish line and enjoy it!

Společně vracíme vodu přírodě



Zakoupením dárků,
které pomáhají, uděláte
radost sobě či svým blízkým.
Zároveň podpoříte náš
dobročinný projekt Vraťme
vodu přírodě zaměřený
na záchranu a obnovu
mokřadů v ČR.



Naskenuj
mě!



Děkujeme, že pomáháte s námi.

→ eshop.nfveolia.cz


Nadační fond
VEOLIA



RACE ROUTES

RACE LENGTH

2 types of the routes:

 Long Route

 Short Route

RACE COMPETITIONS AND TROPHIES

CATEGORIES, TROPHIES AND PRIZES

Participants compete on the Long and Short routes in individual or team competition.

INDIVIDUAL CLASSIFICATION

ABSOLUTE WINNER IN THE MEN'S AND WOMEN'S CATEGORY

Yellow jersey for the competitor who completes the race course in the shortest time. The yellow jersey will be awarded to the first man and the first woman to cross the finish line in Strahov. Elite - M/Elite - W category riders are not included in the overall classification.

KING/QUEEN OF THE HILL

Polka dot jersey for the best climber of the Short and Long routes. The winner is the competitor who will complete the measured hill climb part in the shortest time. On the Long Route it is the hills Křivoklát and Podkozí. On the Short Route only Podkozí. Elite - M/Elite - W category riders are not included in the overall classification.

FASTEST SPRINTER

Green jersey for the best sprinter of the Short and Long route. The winner is the competitor who completes the section of the route marked as Sprinter's Premium in the shortest time. Elite - M/Elite - W category riders are not included in the overall classification.

BEST YOUNG RIDER

White jersey for the best young rider. The winner is the rider with the shortest overall time who will be 25 years old or younger on 31.12.2022.

Category designation	Age*	Year of birth
Elite - M/Elite - W	Men/women 23 of age and more	1999
JM1 / JW1	16 - 17	2005 - 2006
M1 / W1	18 - 29	1993 - 2005
M2 / W2	30 - 39	1983 - 1991
M3 / W3	40 - 49	1973 - 1982
M4 / W4	50 - 59	1963 - 1972
M5 / W5	60 - 69	1953 - 1962
M6 / W6	70 and more	1952 and earlier

(*age of rider on December 31st 2022)

TEAM COMPETITION

You can also race in a team competition in categories Men, Women and Mix on Long and Short Route.

A team consists of at least 5 competitors. There is no limit to the maximum number of team members.

Team members do NOT compete in the individual classification. A competitor theoretically falling into the ELITE - M and ELITE - W categories may not participate in the team competition.

Team classification has the following categories: Men MT, Women WT, Mixed XT.

The team ranking will be determined by the time of the 4th team member at the finish line, and for the Mixed XT category it is a requirement that at least one team member in 1st to 4th position is of the opposite sex.

Team members must wear identical jerseys.

Teams will be placed in their own starting block at the start, which will be positioned behind the first 200 competitors in the individual category.

There are no financial bonuses for teams.



TEAMS WORK.

Spolu jsme silní. V týmu.

Více než 75 000 zaměstnanců na více než 700 pobočkách: jako stavebně-technologický koncern s celosvětovou působností má STRABAG ty nejsilnější týmy, které si poradí se zakázkami v jakékoliv oblasti stavebnictví. Ať už jde o pozemní nebo silniční stavitelství, výstavbu podzemních staveb, mostů, tunelů, průmyslových či přístavních zařízení, správu budov nebo o development – pro úspěšnou realizaci projektů na principu partnerské spolupráce je důležitý každý člen týmu. Týmová spolupráce a osobní profesní rozvoj: kariérní možnosti ve společnosti STRABAG jsou stejně rozmanité jako naše zakázky.

Jaké jsou vaše silné stránky? Dejte nám vědět a staňte se součástí našeho týmu!

www.strabag.cz



STRABAG
TEAMS WORK.

PRIZES AND AWARDS

The overall winners of the individual classification on both the Long and Short Routes will receive trophies from race partner LASVIT, which also supplies trophies for Tour de France winners. The trophies are also designed by the same designers as TDF, Lars Kemper and Peter Olah. Watch the video about the creation of the L'Etape Czech Republic by Tour de France trophies: <https://bit.ly/pribehvznikutrofeji>

The winners of the team competition and the competition categories by age and gender will receive original L'Etape Czech Republic by Tour de France trophies. The 2nd and 3rd place finishers will receive medals.

PROTESTS

Protests against results and rule violations can only be lodged on the day of the race, no later than half an hour after finishing, with the race director at the finish line. The condition is to fill in the appropriate form and to pay a deposit of 500 CZK, which will be refunded in case of a positive decision in favour of the protester. Later appeals will not be accepted.

In exceptional cases, where for objective reasons the protest could not be lodged within the deadline, the protest can be lodged by e-mail within 2 working days from the date of the race. The complaint must be in writing (e-mail to info@letapeczech.cz is sufficient).

Only the competitor can file a complaint. Unreasonable complaints will not be taken into account.

The results of the race will be available on the website www.letape.cz from 19:00 on 11 June.

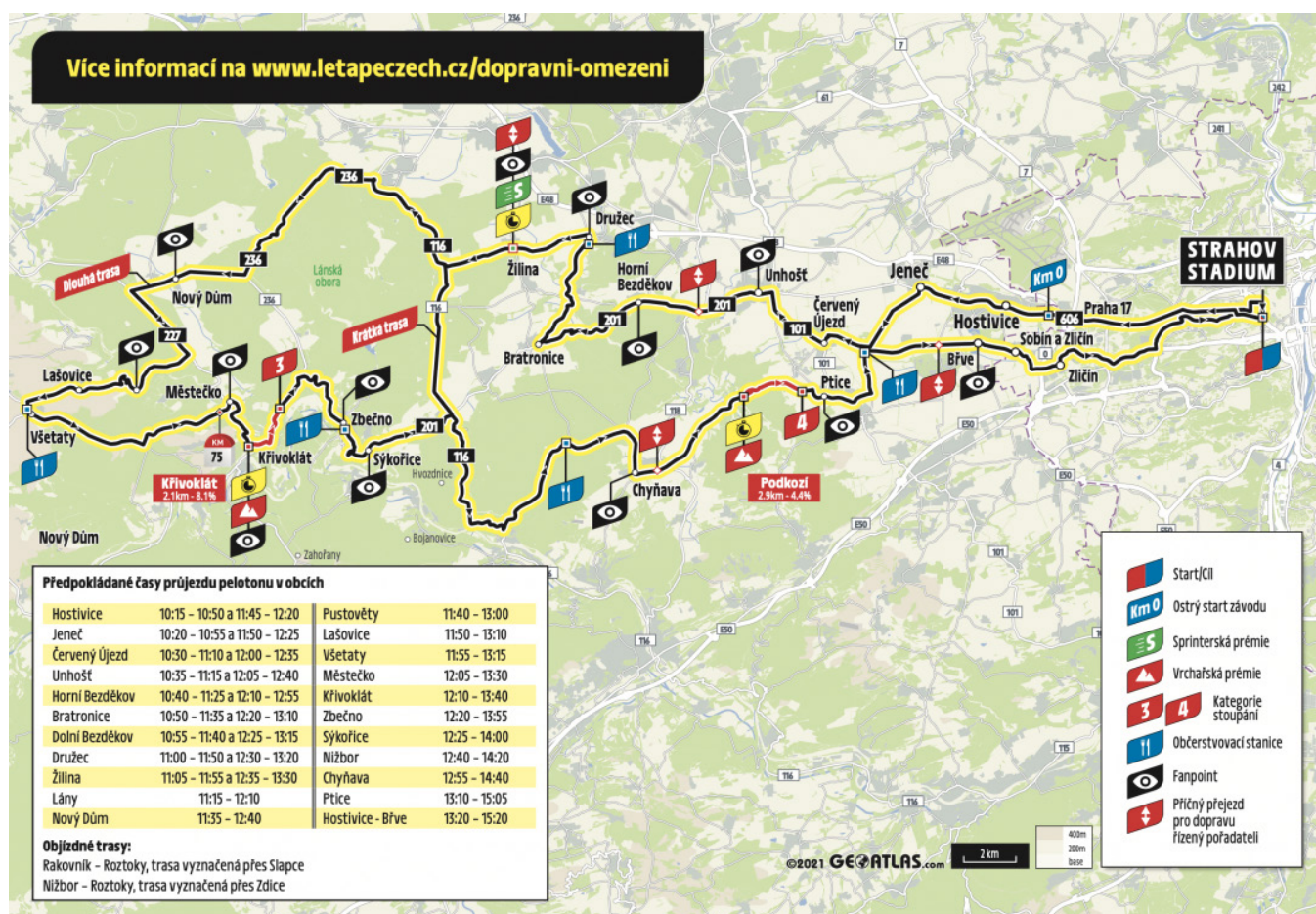
FAN SPOTS ON THE RACE ROUTE

Same as the Tour de France is not just about racing and racers, neither will L'Etape Czech Republic. Every year, more than 15 million spectators and fans gather along the route of the famous race. In order to make our race more similar to the original, we have prepared several fan venues and activities.

We have already written about the programme in the L'Etape village in Strahov a few pages earlier, for those who want to experience the excitement of the thousand-headed peloton should come and cheer at one of the fanpoints that are being set up in cooperation with the municipalities along the route and our partners.

A total of 13 towns and municipalities have joined the event and have decided to support the riders in their efforts alongside the race route. In order to give the municipalities a bit of a motivational boost, we have announced a special prize for the fanpoint with the best atmosphere, where the winner will be partly decided by you - the racers - in a feedback questionnaire.

Enjoy the atmosphere that will prevail on the track and especially don't forget where it was the best!



LIVE BROADCASTS ON CT SPORT

The general media partner of the race will provide an overview of the current situation in a total of 6 live segments on CT Sport.

It will then broadcast a short summary of the entire race on Saturday evening and also the 15-minute documentary one week after the event.

MEDIA COVERAGE
LIVE BROADCAST
ON CT SPORT

TIMES AND TOPICS OF SATURDAY'S BROADCASTS

8:30 - 8:40	Opening of the village and introduction of the race day activities and programme
9:55 - 10:00	Start of the Long Route Race
11:25 - 11:35	Start of the Short Route Race, Sprinters segment Žilina
13:25 - 13:30	Refreshment station Hájek
14:00 - 14:10	Interview with the winner of the Long Route
15:40 - 15:50	Impressions of the riders, interviews with the stars of the peloton
22:55 - 23:05	Summary of the day

LIVE REPORT ON TWITTERU AND ROADCYCLING.CZ

On our twitter account [@letapeczechrep](https://twitter.com/letapeczechrep) and on the roadcycling.cz website, we will be running a live report with photos to follow the latest updates at the front of the Long Route race. We will post a direct link on our website on race day.



IMPORTANT CONTACTS

AMBULANCE: 728 155 155
RACE INFO LINE: 731 907 593



